

GHAC Track & Field Meet
Mohawk Sports Park
May 22 & 23, 2018
Results

Women 100 Meter Dash Midget**16 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Olivia Stock	St. Mary	13.01Q	10
2 Samone Winters	Jean Vanier Css	13.08Q	6
3 Olivia Muhn	Dr Frank J H	13.12Q	5
4 Brynley McDermott	Kings Christ	13.23Q	4
5 Victoria Starcevic	Notre Dame	13.27Q	8
6 Abby Montague	St. Thomas M	13.54Q	1
7 Allegra Costanzo	St. Ignatius	13.56Q	7
8 Alexandra Edmunds	St. Ignatius	13.77Q	3
9 Avery Ferron	Dr Frank J H	13.84Q	11
10 Renee Maat	White Oaks S.S.	13.96Q	9
11 Chimele Nsitem	Garth Webb SS	14.34Q	2
12 Raelene Verbruggen	Bishop Tonnos	13.46q	6
13 Paige Sharpe	Acton Distri	13.61q	6
14 Celina Chung	St. Thomas Aquinas	13.77q	10
15 Theresa Elugabaju	Bishop Ryan	13.90q	3
16 Ainsley Wallace	Kings Christ	14.00q	1
17 Karen DeAragao	Bishop Ryan	14.03	8
18 Ava Knights	Georgetown D	14.14	8
18 Ayanna Perryman	White Oaks S.S.	14.14	7
20 Madison Palmer	Sainte Trinite	14.18	10
21 Rachel Inwood	St. Mary	14.23	7
22 Sam Ecclestone	Abbey Park	14.30	8
22 Shalom Oladele	Jean Vanier Css	14.30	7
24 Shila Lee	Kings Christ	14.34	10
25 Abby Girouard	Christ the K	14.35	8
26 Reka Somogyi	Georgetown D	14.41	4
27 Katelyn Jasmin	Holy Trinity	14.49	6
28 Seretta Goulbourne	Cathedral	14.50	11
28 Sharon Zhang	T. A. Blakel	14.50	9
30 Olivia Kehoe	St. Mary	14.54	9
31 Leah Homan	Christ the K	14.60	3
32 Charlotte Arruda	Oakville Trafalgar	14.89	4
33 Solana Smith	Jean Vanier Css	15.02	2
34 Thea Hesler	Sainte Trinite	15.03	5
35 Emma Dubois-williams	Burlington C	15.09	5
36 Amelia Vertolli	Bishop Reding Css	15.10	1
37 Alyssa Kawa	St. Jean de Brebeuf	15.11	6
38 Corina Pesti	Assumption	15.13	6
39 Brooke McIntyre	Oakville Trafalgar	15.17	5
40 Melissa Horton	Abbey Park	15.23	11
41 Teeba Sabeeh	Garth Webb SS	15.25	6
42 Leyda Glover	Cathedral	15.28	10
43 Hayley Peever	Garth Webb SS	15.35	3
44 Paige Hosler	Milton Distr	15.43	7
45 Rahne Forbes	Robert Batem	15.45	5
46 Nicole Edwards	Garth Webb SS	15.48	5
47 Arianne Letendre	St. Mary	15.52	1
47 Isabelle Tung	T. A. Blakel	15.52	7
49 Emma Wallace	M.M.Robinson	15.61	1
50 Faith Augusto	Craig Kielburger SS	15.62	11

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51	Paula Ewalefo	St. Jean de Brebeuf	15.63	1
52	Theresa Lee	Iroquois Ridge HS	15.74	9
52	Andrea Vera	Bishop Reding Css	15.74	2
54	Naomi Lopez	Milton Distr	15.79	10
55	Emma Scale	Burlington C	15.85	2
56	Jacqueline Villaspin	Cathedral	15.86	8
57	Yasmine Madan	Oakville Trafalgar	15.92	10
58	Alisha Omiotek	Assumption	15.93	9
59	Niara Bernard-Daya	St. Jean de Brebeuf	16.09	11
60	Chloe Umatoni	Bishop Ryan	16.16	2
61	Martyna Walczak	Bishop Reding Css	16.32	6
62	Olivia Belovich	Iroquois Ridge HS	16.41	4
63	Jenny Stokes	Abbey Park	16.47	3
64	Charlie Persia	T. A. Blakel	16.57	3
65	Youna Aboud	Bishop Reding Css	16.60	11
66	Mackenzie Metson	Sainte Trinite	16.99	2
67	Alison Rup	M.M.Robinson	17.37	10
68	Alicia Vanderstarren	Abbey Park	17.78	7
69	Katrina Krewdel	Iroquois Ridge HS	18.10	5
70	Kyjuana Marksman	St. Thomas M	20.23	9

Women 100 Meter Dash Midget

8 Advance: Top 3 Each Heat plus Next 2 Best Times

=====				
Name	Year	School	Semis	H#
=====				
Semi-Finals				
1	Samone Winters	Jean Vanier Css	12.83Q	2
2	Brynley McDermott	Kings Christ	12.95Q	1
3	Olivia Stock	St. Mary	12.99Q	1
4	Olivia Muhn	Dr Frank J H	13.06Q	2
5	Abby Montague	St. Thomas M	13.24Q	2
6	Raelene Verbruggen	Bishop Tonnos	13.45Q	1
7	Allegra Costanzo	St. Ignatius	13.39q	2
8	Celina Chung	St. Thomas Aquinas	13.54q	2
9	Paige Sharpe	Acton Distri	13.59	1
10	Alexandra Edmunds	St. Ignatius	13.76	1
11	Ainsley Wallace	Kings Christ	13.81	1
12	Theresa Elugabaju	Bishop Ryan	13.85	2
13	Renee Maat	White Oaks S.S.	13.92	2
14	Chimele Nsitem	Garth Webb SS	14.02	2

Women 100 Meter Dash Midget

=====			
Name	Year	School	Finals
=====			
Finals			
1	Olivia Muhn	Dr Frank J H	12.68
2	Samone Winters	Jean Vanier Css	12.70
3	Brynley McDermott	Kings Christ	12.75
4	Olivia Stock	St. Mary	12.85
5	Abby Montague	St. Thomas M	13.20
6	Allegra Costanzo	St. Ignatius	13.33
7	Raelene Verbruggen	Bishop Tonnos	13.46

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....Women 100 Meter Dash Midget

8 Celina Chung St. Thomas Aquinas 13.52

Women 200 Meter Dash Midget**16 Advance: Top 1 Each Heat plus Next 7 Best Times**

Name	Year	School	Prelims	H#
Preliminaries				
1 Olivia Muhn		Dr Frank J H	26.83Q	6
2 Olivia Stock		St. Mary	27.04Q	8
3 Brynley McDermott		Kings Christ	27.28Q	2
4 Jenna James		Craig Kielburger SS	27.36Q	9
5 Samone Winters		Jean Vanier Csx	27.52Q	7
6 Victoria Starcevic		Notre Dame	27.60Q	1
7 Abby Montague		St. Thomas M	28.10Q	4
8 Kalise Tyrell		Bishop Reding Csx	28.18Q	3
9 Rachel Inwood		St. Mary	29.65Q	5
10 Charlotte Stewart		Oakville Trafalgar	27.19q	8
11 Jasmine Houston		Bishop Reding Csx	28.16q	4
12 Allegra Costanzo		St. Ignatius	28.30q	1
12 Paige Sharpe		Acton Distri	28.30q	8
14 Celina Chung		St. Thomas Aquinas	28.57q	9
15 Sam Ecclestone		Abbey Park	28.98q	1
16 Karen DeAragao		Bishop Ryan	29.07q	9
17 Shalom Oladele		Jean Vanier Csx	29.34	7
18 Ava Knights		Georgetown D	29.65	8
19 Katie Hartman		Kings Christ	29.67	5
20 Reka Somogyi		Georgetown D	29.93	3
21 Abby Girouard		Christ the K	30.20	4
22 Olivia Kehoe		St. Mary	30.29	9
23 Sharon Zhang		T. A. Blakel	30.33	4
24 Jasmine Sun		St. Ignatius	30.61	6
25 Leah Homan		Christ the K	30.80	2
26 Nicola Georgallis		Cardinal Newman	30.91	7
27 Alyssa Castellino		Christ the K	30.98	5
28 Hayley Peever		Garth Webb SS	31.03	2
29 Chloe Chambers		Abbey Park	31.04	8
30 Grace Gibson		Oakville Trafalgar	31.07	4
31 Chimele Nsitem		Garth Webb SS	31.24	1
32 Samantha Osterback		Abbey Park	31.27	7
33 Kiara Senra		Bishop Reding Csx	31.32	6
34 Alita DeKoning		Notre Dame	31.34	2
35 Jacqueline Villaspin		Cathedral	31.41	5
35 Thea Hesler		Sainte Trinite	31.41	9
37 Madeline Brown		Christ the K	31.54	2
38 Melissa Horton		Abbey Park	31.68	8
39 Arianne Letendre		St. Mary	31.79	5
40 Nicole Edwards		Garth Webb SS	31.81	7
41 Laryssa Calitri		St. Thomas Aquinas	31.87	6
42 Mia Dalfuco		Cardinal Newman	31.98	3
43 Saiva Dhillon		Dr Frank J H	32.00	4
44 Emma Redding		Kings Christ	32.20	7
45 Emma Wallace		M.M.Robinson	32.22	9
46 Rahne Forbes		Robert Batem	32.24	3

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47	Layla Calitri	St. Thomas Aquinas	32.34	3
48	Shantel Berrio	St. Thomas M	32.49	7
49	Fiona Hall	Jean Vanier Css	32.55	4
50	Emma Scale	Burlington C	32.64	1
51	Leyda Glover	Cathedral	32.66	2
52	Kylie Ashford	Craig Kielburger SS	32.91	1
53	Faith Silva	Garth Webb SS	33.21	1
54	Julia Cautisanu	Abbey Park	33.81	5
55	Mia Newby	Garth Webb SS	34.13	6
56	Zoe Halvorsen	Robert Batem	34.28	8
57	Julia Alexander	M.M.Robinson	34.45	6
58	Samantha Dundas	Craig Kielburger SS	34.92	5
58	McKenna Sheppard	M.M.Robinson	34.92	6
60	Nikola Lukezic	Cardinal Newman	35.04	2
61	Grace Weir	Cardinal Newman	36.63	3
62	Katelyn Jasmin	Holy Trinity	38.31	1
63	Kyjuana Marksman	St. Thomas M	38.99	2
64	Hargun Rekhi	White Oaks S.S.	40.19	9
--	Charlie Persia	T. A. Blakel	DQ	9

Women 200 Meter Dash Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1	Jenna James	Craig Kielburger SS	26.63Q 1
2	Olivia Stock	St. Mary	27.01Q 2
3	Samone Winters	Jean Vanier Css	26.96Q 1
4	Charlotte Stewart	Oakville Trafalgar	27.11Q 2
5	Olivia Muhn	Dr Frank J H	26.98Q 1
6	Victoria Starcevic	Notre Dame	27.61Q 2
7	Kalise Tyrell	Bishop Reding Css	27.75q 1
8	Brynley McDermott	Kings Christ	27.91q 2
9	Abby Montague	St. Thomas M	28.23 2
10	Paige Sharpe	Acton Distri	28.30 1
11	Jasmine Houston	Bishop Reding Css	28.32 2
12	Celina Chung	St. Thomas Aquinas	28.42 2
13	Allegra Costanzo	St. Ignatius	28.51 1
14	Karen DeAragao	Bishop Ryan	28.86 1
15	Sam Ecclestone	Abbey Park	29.97 2
16	Rachel Inwood	St. Mary	30.06 1

Women 200 Meter Dash Midget

Name	Year School	Finals
Finals		
1	Olivia Muhn	Dr Frank J H 26.13
2	Jenna James	Craig Kielburger SS 26.23
3	Samone Winters	Jean Vanier Css 26.65
4	Olivia Stock	St. Mary 26.79
5	Victoria Starcevic	Notre Dame 26.88
6	Charlotte Stewart	Oakville Trafalgar 27.00

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....Women 200 Meter Dash Midget

7	Kalise Tyrell	Bishop Reding Css	27.62
8	Brynley McDermott	Kings Christ	27.71

Women 400 Meter Dash Midget

Name	Year	School	Finals	H#
1	Jenna James	Craig Kielburger SS	59.56	6
2	Charlotte Stewart	Oakville Trafalgar	1:00.39	6
3	Isabella Bauman	St. Mary	1:01.38	4
4	Jasmine Houston	Bishop Reding Css	1:05.56	4
5	Ainsley Wallace	Kings Christ	1:05.80	6
6	Brynn Jurus	Bishop Tonnos	1:06.19	2
7	Kalise Tyrell	Bishop Reding Css	1:06.24	2
8	Jaden Mullings	Bishop Tonnos	1:06.67	6
9	Breanna Clemens	Jean Vanier Css	1:08.00	3
10	Charlotte King	St. Thomas Aquinas	1:08.33	5
11	Kayla Hewitson	Cathedral	1:08.79	3
12	Allie Hollman	Georgetown D	1:08.92	5
13	Kristen Smith	Georgetown D	1:09.07	6
14	Thalia Sullivan	St. Thomas M	1:09.42	3
15	Jessica Barlow	Nelson High School	1:10.25	4
16	Jacqueline Giles	Georgetown D	1:10.73	6
17	Mara Vargata	Holy Trinity	1:11.22	4
18	Saiva Dhillon	Dr Frank J H	1:11.26	5
19	Renee Parsons	Christ the K	1:11.40	4
20	Nicola Georgallis	Cardinal Newman	1:11.63	3
21	Hannah Vigneux	Sainte Trinite	1:11.74	3
22	Andrea Vera	Bishop Reding Css	1:11.88	5
23	Laryssa Calitri	St. Thomas Aquinas	1:12.60	2
24	Lily George	Holy Trinity	1:12.85	3
25	Jaylynn Barrows	Georgetown D	1:13.24	5
26	Chloe Chambers	Abbey Park	1:13.39	4
27	Olivia Orlic	Dr Frank J H	1:13.47	6
28	Emma Dubois-williams	Burlington C	1:13.64	4
29	Layla Calitri	St. Thomas Aquinas	1:15.23	2
30	Paris Lalonde	Bishop Ryan	1:15.56	3
31	Alyssa Castellino	Christ the K	1:16.23	3
32	Elsa Qaiser	Robert Batem	1:17.07	5
33	Meghan O'Connor	Garth Webb SS	1:17.87	6
34	Alicia Stevens	St. Thomas Aquinas	1:17.96	2
35	Veronika Kovacova	Assumption	1:19.46	4
36	Mia Newby	Garth Webb SS	1:20.91	5
37	Julia Alexander	M.M.Robinson	1:27.66	2

Women 800 Meter Run Midget

Name	Year	School	Finals	H#
1	Isabella Bauman	St. Mary	2:28.15	1
2	Charlotte King	St. Thomas Aquinas	2:37.11	2
3	Breanna Clemens	Jean Vanier Css	2:38.54	1
4	Abigail Kanalec	St. Thomas Aquinas	2:39.17	2
5	Ava Luzzi	Garth Webb SS	2:39.99	2

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....Women 800 Meter Run Midget

6	Jacqueline Giles	Georgetown D	2:43.30	2
7	Thalia Sullivan	St. Thomas M	2:44.61	2
8	Julia Lee	Dr Frank J H	2:44.69	2
9	Nicole Britton	Christ the K	2:45.49	1
10	Alejandra Hernandez	St. Ignatius	2:48.84	1
11	Kiara Butcher	St. Mary	2:50.16	1
12	Abygale Hurst	Burlington C	2:53.96	1
13	Abigail Short	Georgetown D	2:54.26	2
14	Renee Parsons	Christ the K	2:54.74	1
15	Brynn Jurus	Bishop Tonnos	2:55.07	2
16	Maeve Bailey	Garth Webb SS	2:55.89	2
17	Brigid McPhee	Cathedral	2:58.05	1
18	Paris Lalonde	Bishop Ryan	2:58.08	1
19	Victoria Taylor	St. Thomas Aquinas	3:00.26	2
20	Hannah Vigneux	Sainte Trinite	3:00.29	2
21	Nicola Georgallis	Cardinal Newman	3:03.86	1
22	Samantha Osterback	Abbey Park	3:05.41	2
23	Elsa Qaiser	Robert Batem	3:05.47	2
24	Katie Janavicius	Abbey Park	3:06.00	2
25	Samantha Dundas	Craig Kielburger SS	3:07.00	1
26	Drew Watts	Acton Distri	3:08.02	1
27	Crystal Tanamas	Abbey Park	3:08.36	1
28	Madeleine Dearden	Sainte Trinite	3:10.55	1
29	McKenna Sheppard	M.M.Robinson	3:11.38	1
30	Sydney Robinson	Milton Distr	3:13.51	1
31	Kylie Ashford	Craig Kielburger SS	3:28.67	2

Women 1500 Meter Run Midget

Name	Year School	Finals	H#
1	Rachel Marriott	St. Thomas Aquinas	5:14.37 2
2	Hilary Bishop	Bishop Reding Css	5:16.01 2
3	Nicole Britton	Christ the K	5:32.01 1
4	Serena Grodski	Assumption	5:33.18 1
5	Victoria Percival	St. Ignatius	5:33.89 2
6	Thalia Sullivan	St. Thomas M	5:34.50 2
7	Kiara Butcher	St. Mary	5:36.63 1
8	Isabelle Fazio	Holy Trinity	5:36.82 1
9	Alicia Stevens	St. Thomas Aquinas	5:37.46 1
10	Breanna Clemens	Jean Vanier Css	5:42.54 2
11	Hannah Walker	Iroquois Ridge HS	5:42.59 1
12	Abygale Hurst	Burlington C	5:47.75 1
13	Madison Anton	St. Ignatius	5:49.89 2
14	Abigail Short	Georgetown D	5:51.16 2
15	Julia Lee	Dr Frank J H	5:52.10 2
16	Maeve Bailey	Garth Webb SS	5:58.99 2
17	Ava Luzzi	Garth Webb SS	6:04.76 2
18	Erin O'Halloran	St. Thomas Aquinas	6:14.71 2
19	Alicia Van Der Geer	Milton Distr	6:34.86 1
20	Melody Hong	Iroquois Ridge HS	7:34.25 1
--	Jazlyn Hegazy	Garth Webb SS	DNF 2

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Women 3000 Meter Run Midget

Name	Year School	Finals
1 Hilary Bishop	Bishop Reding Css	11:59.13
2 Rachel Marriott	St. Thomas Aquinas	12:00.73
3 Gabby Eastwood	Kings Christ	12:19.41
4 Victoria Percival	St. Ignatius	12:41.50
5 Kiara Butcher	St. Mary	12:49.98
6 Sarah Delanty	Bishop Reding Css	13:04.18
7 Abigail Short	Georgetown D	13:19.78
8 Charlotte King	St. Thomas Aquinas	13:26.28
9 Victoria Taylor	St. Thomas Aquinas	13:35.70
10 Erin O'Halloran	St. Thomas Aquinas	13:42.31
11 Crystal Tanamas	Abbey Park	14:43.91
12 Grace Zhu	White Oaks S.S.	16:09.60
-- Paige Stanley	Milton Distr	DNF

Women 80 Meter Hurdles Midget

Name	Year School	Finals	H#
1 Olivia Stock	St. Mary	12.87	2
2 Raelene Verbruggen	Bishop Tonnos	13.52	6
3 Lauren Messier	Nelson High School	14.10	1
4 Jessica Barlow	Nelson High School	14.52	3
5 Grace Milinkovic	Nelson High School	14.57	3
6 Anita Wale-James	St. Jean de Brebeuf	15.09	2
7 Natalie Boal	Aldershot	15.30	4
8 Lauryn Reid	Bishop Reding Css	15.45	5
9 Trinity Stodola	St. Ignatius	15.61	3
10 Shantel Berrio	St. Thomas M	15.94	6
11 Teeba Sabeeh	Garth Webb SS	16.09	2
12 Niara Bernard-Daya	St. Jean de Brebeuf	16.31	4
13 Julia Seymour	St. Ignatius	16.97	3
14 Kelly Blum	Garth Webb SS	17.03	6
15 Jahshanti Osborne	Cathedral	17.07	5
16 Rahne Forbes	Robert Batem	17.35	6
17 Hayley Peever	Garth Webb SS	17.47	6
18 Veronika Kovacova	Assumption	17.76	3
19 Lily Ross	Burlington C	17.81	2
20 Madison Wallace	M.M.Robinson	17.84	4
21 Faith Augusto	Craig Kielburger SS	17.86	5
22 Hailey Rodgeron	Aldershot	17.88	5
23 Amelie Clarke	Bishop Ryan	18.01	4
24 Nia Jeremie	Bishop Ryan	18.08	1
25 Kyra Holzschere	Oakville Trafalgar	18.19	5
26 Abigail Sleeth	Oakville Trafalgar	18.23	2
27 Vicky Sibileau	Abbey Park	18.26	4
28 Zoe Halvorsen	Robert Batem	18.27	6
29 Leah Grabke	Oakville Trafalgar	18.29	5
30 Theresa Lee	Iroquois Ridge HS	18.39	4
31 Faith Silva	Garth Webb SS	18.45	6
32 Elsa Qaiser	Robert Batem	18.47	6
33 Melody Hong	Iroquois Ridge HS	18.50	3
34 Ariana Derakhshan	St. Ignatius	18.54	3

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35	Talia Fallico	Holy Trinity	18.66	1
36	Celine Bollinger	Oakville Trafalgar	18.77	3
37	Yasmine Madan	Oakville Trafalgar	18.96	4
38	Chanelle Daniels	Christ the K	19.80	4
39	Avery Mende-Gibson	Craig Kielburger SS	20.25	5
40	Jacqueline Villaspın	Cathedral	29.73	1

Women 300 Meter Hurdles Midget

Name	Year School	Finals	H#	
1	Jenna James	Craig Kielburger SS	48.80	3
2	Isabella Bauman	St. Mary	50.06	2
3	Raelene Verbruggen	Bishop Tonnos	50.70	3
4	Lauren Messier	Nelson High School	51.30	2
5	Brynn Jurus	Bishop Tonnos	51.97	2
6	Rachel Marriott	St. Thomas Aquinas	53.12	3
7	Jessica Barlow	Nelson High School	53.32	1
8	Kristen Smith	Georgetown D	54.98	3
9	Allie Hollman	Georgetown D	55.13	3
10	Lauryn Reid	Bishop Reding Css	55.27	2
11	Abigail Kanalec	St. Thomas Aquinas	55.52	3
12	Natalie Boal	Aldershot	57.20	1
13	Meghan O'Connor	Garth Webb SS	58.72	3
14	Paris Lalonde	Bishop Ryan	58.90	1
15	Madison Wallace	M.M.Robinson	1:01.35	1
16	Lindsay Chipps	Burlington C	1:01.61	1
17	Emelie Clarke	Bishop Ryan	1:02.85	2

Women 4x100 Meter Relay Midget

School	Finals	H#	
1	Jean Vanier Css 'A'	53.55	2
2	Kings Christian Collegiate 'A'	54.19	4
3	Dr Frank J Hayden SS 'A'	54.86	4
4	Georgetown District HighSchool 'A'	55.15	4
5	St. Ignatius of Loyola 'A'	55.51	1
6	Bishop Reding Css 'A'	55.55	2
7	Bishop Ryan 'A'	55.70	3
8	Christ the King Catholic SS 'A'	56.06	2
9	White Oaks S.S. 'A'	56.29	2
10	Corpus Christi Css 'A'	56.35	4
11	St. Jean de Brebeuf 'A'	56.37	4
12	Abbey Park 'A'	56.84	1
13	M.M.Robinson 'A'	57.00	4
14	Cathedral 'A'	57.43	2
15	St. Mary 'A'	57.96	3
16	Oakville Trafalgar 'A'	58.79	3
17	Burlington Central High School 'A'	59.09	3
18	St. Thomas More Secondary S 'A'	59.62	2
19	St. Thomas Aquinas 'A'	59.63	4
20	Sainte Trinite 'A'	59.73	3
21	Assumption 'A'	1:01.93	2

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....Women 4x100 Meter Relay Midget

22 Iroquois Ridge HS 'A'	1:02.18	1
23 Robert Bateman High School 'A'	1:03.66	4
24 Cardinal Newman 'A'	1:04.38	3
-- Garth Webb SS 'A'	DQ	3 Zone 3 outside zone

Women High Jump Midget

Name	Year	School	Finals
1 Jaden Mullings		Bishop Tonnos	1.45m
1.05 1.10 1.15 1.20 1.25 1.28 1.35 1.40 1.45 1.50			
P P P P O O O XO XXX			
2 Lily Ross		Burlington C	1.25m
1.05 1.10 1.15 1.20 1.25 1.28			
O O O XO O XXX			
3 Courtney Gilbery		Burlington C	J1.25m
1.05 1.10 1.15 1.20 1.25 1.28			
O O XXO O XXO XXX			
4 Anita Wale-James		St. Jean de Brebeuf	1.15m
1.05 1.10 1.15 1.20			
O O O XXX			
5 Niara Bernard-Daya		St. Jean de Brebeuf	J1.15m
1.05 1.10 1.15 1.20			
XXO O XO XXX			
6 Olivia Belovich		Iroquois Ridge HS	1.10m
1.05 1.10 1.15			
XO O XXX			
7 Ashley Walsh		Christ the K	J1.10m
1.05 1.10 1.15			
XO XO XXX			
8 Renee Parsons		Christ the K	J1.10m
1.05 1.10 1.15			
XXO XO XXX			
9 Talia Fallico		Holy Trinity	J1.10m
1.05 1.10 1.15			
XXO XXO XXX			
-- Audrey Voulong-Nguemo		St. Jean de Brebeuf	NH
1.05			
XXX			

Women Long Jump Midget

Name	Year	School	Finals
1 Jaden Mullings		Bishop Tonnos	4.97m
FOUL 4.90m 4.33m 4.97m 4.95m			
2 Celina Chung		St. Thomas Aquinas	4.56m
4.56m 4.38m 4.23m 4.49m 4.22m 4.39m			
3 Paige Sharpe		Acton Distri	4.40m
4.06m 4.27m 4.11m 4.22m 4.27m 4.40m			
4 Shalom Oladele		Jean Vanier Css	4.23m
3.89m 3.97m 3.48m 4.02m 4.23m 4.14m			
5 Rachel Inwood		St. Mary	4.13m
3.93m 4.13m 3.60m			

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....Women Long Jump Midget

6	Paula Ewalefo				St. Jean de Brebeuf	4.05m
	4.02m	3.66m	3.64m	3.80m	4.05m	3.90m
7	Mara Vargata				Holy Trinity	4.03m
	4.03m	FOUL	3.56m	3.85m	4.01m	3.98m
8	Trinity Stodola				St. Ignatius	3.91m
	3.91m	3.84m	3.53m			
9	Lindsay Chipps				Burlington C	J3.91m
	3.41m	3.91m	FOUL	FOUL	FOUL	2.99m
10	Hannah Vigneux				Sainte Trinite	3.88m
	3.68m	3.88m	3.64m			
11	Lauryn Reid				Bishop Reding Css	3.86m
	3.77m	2.26m	3.86m			
12	Ceilidh Cooper				Acton Distri	3.83m
	FOUL	3.83m	3.74m			
13	Isabelle Tung				T. A. Blakel	J3.83m
	3.54m	3.83m	3.48m			
14	Fiona Hall				Jean Vanier Css	3.75m
	3.68m	3.45m	3.75m			
15	Juanita Legulamon				St. Thomas M	3.73m
	3.73m	FOUL	3.50m			
16	Shantel Berrio				St. Thomas M	3.72m
	3.55m	3.72m	3.45m			
17	Alyssa Kawa				St. Jean de Brebeuf	3.69m
	3.69m	3.65m	3.59m			
18	Jenna Colwill				Georgetown D	3.68m
	3.66m	3.63m	3.68m			
19	Amani Perrin				St. Thomas M	3.67m
	3.67m	3.35m	FOUL			
20	Jasmine Houston				Bishop Reding Css	3.63m
	3.62m	3.63m				
21	Ella Agnew				Jean Vanier Css	J3.63m
	3.45m	3.60m	3.63m			
22	Julia Seymour				St. Ignatius	J3.63m
	3.57m	3.63m	3.24m			
23	Grace Gibson				Oakville Trafalgar	3.59m
	FOUL	3.28m	3.59m			
24	Kyra Holzscherer				Oakville Trafalgar	3.57m
	3.48m	3.57m	3.42m			
25	Nicole Yuen				White Oaks S.S.	3.54m
	2.19m	3.44m	3.54m			
26	Olivia Orlic				Dr Frank J H	3.52m
	3.52m	3.17m				
27	Hailey Rodgeron				Aldershot	3.50m
	3.50m	3.38m	3.42m			
28	Solana Smith				Jean Vanier Css	3.46m
	3.46m	3.23m	FOUL			
29	Ariana Derakhshan				St. Ignatius	3.43m
	FOUL	3.27m	3.43m			
30	Olivia Kehoe				St. Mary	3.42m
	3.42m	3.13m	FOUL			
31	Whitney Simeon				Cathedral	3.41m
	3.41m	FOUL	3.15m			
32	Zoe Halvorsen				Robert Batem	3.40m
	3.02m	3.40m	3.25m			

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33	Maeve Bailey	Garth Webb SS	3.39m
	FOUL 3.17m 3.39m		
34	Youna Aboud	Bishop Reding Css	J3.39m
	FOUL 3.39m 3.13m		
35	Leyda Glover	Cathedral	3.33m
	3.03m 3.33m 3.27m		
36	Emelie Clarke	Bishop Ryan	3.32m
	3.09m 3.32m 3.11m		
37	Madeleine Dearden	Sainte Trinite	3.31m
	3.28m 3.31m 2.74m		
38	Lily Ross	Burlington C	3.25m
	3.25m 3.18m 3.23m		
39	Miya Takahashi	Abbey Park	3.24m
	2.87m 3.24m 3.20m		
40	Nadia Mensah	Jean Vanier Css	3.17m
	2.37m 3.17m 2.79m		
41	Audrey Voulong-Nguemo	St. Jean de Brebeuf	3.13m
	3.13m 2.99m 3.09m		
42	Sydney Horton	Robert Batem	3.10m
	FOUL FOUL 3.10m		
43	Alison Rup	M.M.Robinson	3.06m
	3.00m 3.06m 2.86m		
44	Sofia Montoya	Sainte Trinite	2.90m
	2.79m 2.90m 2.72m		
45	Ashley Walsh	Christ the K	2.89m
	2.79m 2.76m 2.89m		
46	Nia Jeremie	Bishop Ryan	2.86m
	2.17m 2.69m 2.86m		

Women Triple Jump Midget

=====						
Name	Year School			Finals		
=====						
1	Olivia Muhn	Dr Frank J H			10.61m	
	10.61m	PASS	PASS	PASS	PASS	PASS
2	Ainsley Wallace	Kings Christ			10.38m	
	9.20m	9.90m	9.65m	10.38m	10.19m	9.41m
3	Teeba Sabeeh	Garth Webb SS			9.09m	
	8.48m	8.59m	8.79m	9.03m	9.09m	FOUL
4	Ceilidh Cooper	Acton Distri			8.96m	
	8.23m	7.93m	7.92m	8.91m	8.96m	8.89m
5	Abby Girouard	Christ the K			8.93m	
	8.10m	FOUL	8.44m	8.83m	8.67m	8.93m
6	Hunter Laskowski	M.M.Robinson			8.69m	
	8.14m	8.05m	8.69m	8.42m	8.55m	8.54m
7	Laura Legzdins	Abbey Park			8.67m	
	8.23m	8.67m	8.20m	FOUL	FOUL	7.66m
8	Theresa Lee	Iroquois Ridge HS			8.24m	
	7.96m	8.02m	8.19m	8.13m	8.24m	PASS
9	Paula Ewalefo	St. Jean de Brebeuf			8.08m	
	FOUL	8.08m	7.90m			
10	Daana Aurora	Dr Frank J H			7.84m	
	FOUL	7.41m	7.84m			

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....Women Triple Jump Midget

11	Courtney Gilbery	Burlington C	7.78m
	7.07m 7.78m 7.39m		
12	Kylie Ashford	Craig Kielburger SS	7.74m
	7.74m 7.54m FOUL		
13	Brooke McIntyre	Oakville Trafalgar	7.69m
	6.83m 6.57m 7.69m		
14	Audrey Voulong-Nguemo	St. Jean de Brebeuf	7.36m
	7.00m FOUL 7.36m		
15	Samantha Rutherford	Oakville Trafalgar	7.29m
	6.84m 7.29m 6.68m		
16	Emma Redding	Kings Christ	7.23m
	7.23m FOUL FOUL		
17	Miya Takahashi	Abbey Park	7.11m
	7.11m FOUL 6.54m		
18	Sydney Horton	Robert Batem	6.94m
	FOUL 6.43m 6.94m		
19	Elise Malicki	Christ the K	6.74m
	6.50m 6.57m 6.74m		
20	Alison Rup	M.M.Robinson	6.49m
	6.46m 6.49m 6.27m		
--	Lauren Ferzoco	Jean Vanier Css	FOUL
	FOUL FOUL FOUL		
--	Anita Wale-James	St. Jean de Brebeuf	FOUL
	FOUL FOUL FOUL		
--	Olivia Orlic	Dr Frank J H	FOUL
	FOUL FOUL FOUL		

Women Shot Put Midget

Name	Year	School	Finals
1 Samone Winters		Jean Vanier Css	10.44m
	9.20m 7.92m FOUL 9.23m	8.74m 10.44m	
2 Chanelle Daniels		Christ the K	10.23m
	FOUL 8.99m 9.30m 9.38m	8.63m 10.23m	
3 Queen-Esther Ogunsanya		Craig Kielburger SS	9.36m
	8.86m FOUL 8.64m 9.36m	8.38m 8.77m	
4 Natasha Salmon		St. Jean de Brebeuf	9.23m
	9.18m 9.23m 8.62m 8.70m	9.17m 9.19m	
5 Avery Mende-Gibson		Craig Kielburger SS	8.38m
	7.60m 7.66m 8.25m 7.99m	8.38m 8.17m	
6 Melody Hong		Iroquois Ridge HS	7.67m
	6.95m FOUL 6.64m 7.46m	6.68m 7.67m	
7 Julie Shadd		Bishop Tonnos	7.58m
	6.92m 6.90m FOUL 7.58m	6.94m 6.42m	
8 Erin Sinclair		Abbey Park	7.00m
	7.00m 6.48m 7.00m FOUL	6.35m 6.85m	
9 Madelyn Driscoll		Notre Dame	6.91m
	FOUL 6.57m 6.91m		
10 Elise Malicki		Christ the K	6.87m
	5.27m 5.88m 6.87m		
11 Madeleine Dearden		Sainte Trinite	6.76m
	6.76m FOUL FOUL		

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....Women Shot Put Midget

12	Haley MacRae	Georgetown D	6.64m
	6.64m FOUL 5.43m		
13	Vaania Khan	Bishop Reding Css	6.35m
	4.93m 6.35m 5.94m		
14	Julia Chariot	St. Thomas M	6.34m
	5.51m FOUL 6.34m		
15	Jaylynn Barrows	Georgetown D	5.93m
	5.93m 5.08m FOUL		
16	Tiwanka Madugalle	Bishop Reding Css	5.10m
	FOUL FOUL 5.10m		
17	Huda Ali	Bishop Reding Css	4.58m
	4.58m 4.45m FOUL		
18	Lauren Ferzoco	Jean Vanier Css	4.27m
	FOUL 4.27m 4.13m		
19	Amani Perrin	St. Thomas M	4.18m
	4.16m FOUL 4.18m		
20	Sydney Horton	Robert Batem	4.09m
	FOUL 4.09m FOUL		

Women Discus Throw Midget

Name	Year	School	Finals
1 Natasha Salmon		St. Jean de Brebeuf	24.83m
	23.70m 24.39m 23.98m 23.94m 24.66m 24.83m		
2 Isabella Knezivich		Bishop Ryan	21.35m
	FOUL 15.83m 21.32m FOUL 21.35m		
3 Chanelle Daniels		Christ the K	20.70m
	20.70m 20.16m FOUL FOUL 19.38m 19.77m		
4 Erin Sinclair		Abbey Park	19.24m
	18.84m 18.88m 17.25m FOUL 19.24m 18.01m		
5 Julie Shadd		Bishop Tonnos	19.21m
	18.70m 19.21m 15.92m 18.52m 19.00m 17.23m		
6 Jaycee Evans		Bishop Ryan	18.04m
	18.04m 17.54m 17.76m FOUL		
7 Veronika Kovacova		Assumption	17.58m
	15.35m 15.92m 15.99m FOUL 17.16m 17.58m		
8 Sydney Sheppard		Bishop Ryan	16.05m
	14.10m 14.04m 16.05m		
9 Laura Legzdins		Abbey Park	15.11m
	14.56m 14.79m 15.11m		
10 Elise Malicki		Christ the K	14.02m
	13.50m 13.70m 14.02m		
11 Tiwanka Madugalle		Bishop Reding Css	13.68m
	12.88m 13.68m 13.39m		
12 Chelsea Corbett		Assumption	13.38m
	13.38m FOUL FOUL		
13 Vaania Khan		Bishop Reding Css	12.87m
	10.16m 12.87m 11.52m		
14 Kaitlyne Tan		Assumption	9.90m
	FOUL 9.90m 9.59m		
15 Huda Ali		Bishop Reding Css	9.28m
	FOUL FOUL 9.28m		

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Women Javelin Throw Midget

Name	Year	School	Finals
1 Erin Sinclair		Abbey Park	24.29m
	22.35m 21.74m 24.29m 21.80m 23.47m 24.27m		
2 Ceilidh Cooper		Acton Distri	21.85m
	20.37m FOUL 18.79m 21.85m 19.38m 18.65m		
3 Kassandra Pavlic		Bishop Ryan	21.17m
	14.54m 19.66m 20.67m 21.17m FOUL 19.35m		
4 Laura Legzdins		Abbey Park	20.90m
	20.90m FOUL 20.37m FOUL 17.02m FOUL		
5 Isabella Knezivich		Bishop Ryan	20.54m
	19.72m 20.54m 19.28m 19.83m 19.27m 19.70m		
6 Jaylynn Barrows		Georgetown D	19.68m
	17.78m 18.34m 16.09m 19.68m 16.89m 17.12m		
7 Maddie Uba		Corpus Christi Css	17.95m
	16.23m 17.95m 12.56m 13.51m 15.41m 12.71m		
8 Arianne Letendre		St. Mary	17.63m
	17.63m FOUL FOUL FOUL FOUL FOUL		
9 Emma Gormley		Christ the K	17.28m
	FOUL 17.28m 16.14m		
10 Sydney Sheppard		Bishop Ryan	17.08m
	FOUL 17.08m 16.47m		
11 Natasha Salmon		St. Jean de Brebeuf	16.49m
	16.49m 16.14m 14.82m		
12 Queen-Esther Ogunsanya		Craig Kielburger SS	15.88m
	15.88m FOUL FOUL		
13 Karrlyn Krenos		Corpus Christi Css	15.43m
	15.43m 13.43m 12.55m		
14 Brianne Tharby		Corpus Christi Css	15.08m
	13.39m 12.41m 15.08m		
15 Chelsea Corbett		Assumption	12.72m
	12.72m 12.24m 9.99m		
16 Kaitlynn Tan		Assumption	8.47m
	8.47m 6.54m 8.12m		
17 Lauren Ferzoco		Jean Vanier Css	7.15m
	5.62m 6.89m 7.15m		
-- Haley MacRae		Georgetown D	FOUL
	FOUL FOUL FOUL		
-- Miya Takahashi		Abbey Park	FOUL
	FOUL FOUL FOUL		

Women 100 Meter Dash Junior**16 Advance: Top 1 Each Heat plus Next 8 Best Times**

Name	Year	School	Prelims	H#
Preliminaries				
1 Olive Ude		Cathedral	13.31Q	7
2 Thi-Anne Hillyard		Garth Webb SS	13.35Q	8
3 Taaliyah Davidson		St. Thomas M	13.37Q	2
4 Sophie Walker		Christ the K	13.54Q	1
5 Tessa Marras		Bishop Tonnos	13.66Q	3
6 Zoe Knights		Georgetown D	13.70Q	5
7 Lauryn Winters		Jean Vanier Css	13.71Q	4

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8	Morin Salami	Kings Christ	13.78Q	6
9	Katie McDonald	Abbey Park	13.61q	1
9	Jordyn Reisch	Aldershot	13.61q	7
11	Mya D'Arrigo	St. Jean de Brebeuf	13.86q	3
12	Madison Dempster	Acton Distri	13.97q	8
13	Leah O'Meara	Christ the K	14.15q	3
14	Ella Philogene	T. A. Blakel	14.16q	2
15	Lauren Smith	Bishop Tonnos	14.23q	1
16	Jordyn Ellsworth	Aldershot	14.37q	8
17	Kaitlin Strich	Bishop Ryan	14.42	3
18	Heather Scott	Christ the K	14.47	6
19	Serena Thompson	St. Jean de Brebeuf	14.49	8
20	Angelica Cornejo	Jean Vanier Css	14.62	7
21	Jesse Dalby	Oakville Trafalgar	14.75	2
22	Tracey Huynh	St. Jean de Brebeuf	14.81	4
23	Julianne Li	White Oaks S.S.	14.86	4
23	Alissa Murray	Bishop Ryan	14.86	7
25	Anna Masengi	Kings Christ	14.88	5
26	Emilia Strozak	St. Ignatius	14.97	2
27	Cassie Boakye	Bishop Reding Css	15.00	3
28	Hailey Jesso	Christ the K	15.03	5
29	Sonia Baxby	Corpus Christi Css	15.17	4
30	Julia Melo	St. Thomas Aquinas	15.22	8
31	Alexis Gawlina	Corpus Christi Css	15.31	5
31	Maya Mabalay-Bynoe	Assumption	15.31	2
33	Janaia Wakefield	St. Thomas M	15.33	8
34	Sydney Paterson	St. Thomas M	15.39	3
35	Iris Li	Iroquois Ridge HS	15.46	6
36	Lara Dorosz	White Oaks S.S.	15.48	3
37	Serena Tshikuna	St. Jean de Brebeuf	15.69	6
38	Leah Glass	Iroquois Ridge HS	16.01	8
38	Anya Sarma	Iroquois Ridge HS	16.01	4
40	Riya Sapra	White Oaks S.S.	16.02	1
41	Robyn Gabrovsky	Iroquois Ridge HS	16.39	5
42	Lauren Ball	St. Thomas M	16.42	4
43	Sofia Espinoza	St. Ignatius	16.56	1
44	Cassandra Bell	St. Thomas Aquinas	16.60	6
45	Kathryn Kocemba	St. Thomas M	16.73	8
46	Kayla Sapir	Oakville Trafalgar	16.77	4
46	Hannah Dam	T. A. Blakel	16.77	7
48	Jordyn Kroezen	Acton Distri	16.86	6
49	Paige Mander	Oakville Trafalgar	16.97	7

Women 100 Meter Dash Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year	School	Semis	H#
Semi-Finals				
1	Thi-Anne	Hillyard	Garth Webb SS	13.03Q 1
2	Jordyn	Reisch	Aldershot	13.20Q 2
3	Taalayah	Davidson	St. Thomas M	13.15Q 1
4	Olive	Ude	Cathedral	13.32Q 2
5	Zoe	Knights	Georgetown D	13.35Q 1

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6	Sophie Walker	Christ the K	13.44Q	2
7	Lauryn Winters	Jean Vanier Css	13.45q	1
8	Morin Salami	Kings Christ	13.47q	2
9	Katie McDonald	Abbey Park	13.51	1
10	Tessa Marras	Bishop Tonnos	13.63	2
11	Madison Dempster	Acton Distri	13.82	2
12	Ella Philogene	T. A. Blakel	13.83	1
13	Leah O'Meara	Christ the K	13.94	2
14	Lauren Smith	Bishop Tonnos	14.09	1
15	Jordyn Ellsworth	Aldershot	14.27	2
16	Mya D'Arrigo	St. Jean de Brebeuf	14.68	1

Women 100 Meter Dash Junior

Name	Year School	Finals
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Finals

1	Thi-Anne Hillyard	Garth Webb SS	13.06
2	Taalayah Davidson	St. Thomas M	13.15
3	Jordyn Reisch	Aldershot	13.27
4	Sophie Walker	Christ the K	13.32
5	Olive Ude	Cathedral	13.35
6	Morin Salami	Kings Christ	13.38
7	Zoe Knights	Georgetown D	13.46
8	Lauryn Winters	Jean Vanier Css	13.48

Women 200 Meter Dash Junior**16 Advance: Top 1 Each Heat plus Next 9 Best Times**

Name	Year School	Prelims	H#
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Preliminaries

1	Sophie Walker	Christ the K	27.77Q	1
2	Olive Ude	Cathedral	27.82Q	5
3	Maddy Gander	Georgetown D	27.93Q	6
4	Thi-Anne Hillyard	Garth Webb SS	28.22Q	7
5	Zoe Knights	Georgetown D	28.29Q	2
6	Lucy Edgar	Oakville Trafalgar	28.47Q	4
7	Ella Philogene	T. A. Blakel	29.72Q	3
8	Chantelle Parker	Bishop Reding Css	27.91q	1
9	Lauryn Winters	Jean Vanier Css	28.04q	1
10	Taalayah Davidson	St. Thomas M	28.28q	6
11	Morin Salami	Kings Christ	28.30q	2
12	Madison Dempster	Acton Distri	28.58q	5
13	Lauren Smith	Bishop Tonnos	28.91q	5
14	Mya D'Arrigo	St. Jean de Brebeuf	29.03q	2
15	Hanna Wennberg	Abbey Park	29.45q	5
16	Alessia Huma	Dr Frank J H	29.60q	4
17	Kathleen Reedman	Georgetown D	29.91	1
18	Victoria Clancy	Dr Frank J H	30.13	7
19	Rebecca Schultz	Abbey Park	30.22	3
20	Anna Masengi	Kings Christ	30.37	6
21	Serena Tshikuna	St. Jean de Brebeuf	30.53	6
22	Cassie Boakye	Bishop Reding Css	30.68	5

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23	Emilia Strozak	St. Ignatius	30.79	6
24	Jesse Dalby	Oakville Trafalgar	30.90	3
25	Tracey Huynh	St. Jean de Brebeuf	30.92	7
26	Serena Thompson	St. Jean de Brebeuf	31.07	7
27	Hailey Jesso	Christ the K	31.22	4
28	Emma Brown	St. Jean de Brebeuf	31.24	4
29	Kaylee Directo	Kings Christ	31.32	2
30	Samantha Kupis	Bishop Tonnos	31.47	2
31	Laura Fedor	Christ the K	31.58	5
32	Tiana Rhule	Bishop Reding Css	31.61	1
33	Janaia Wakefield	St. Thomas M	32.15	4
34	Mackenzie Probert	Oakville Trafalgar	32.26	3
35	Fiona Miller	Robert Batem	32.39	5
36	Marvet Mohamed	Cathedral	32.61	2
37	Sydney Paterson	St. Thomas M	32.84	4
38	Zara Williams	M.M.Robinson	33.00	6
39	Makayla McMurray	Corpus Christi Css	33.03	7
40	Zoey Williams	M.M.Robinson	33.14	1
41	Favour Mukoro	Iroquois Ridge HS	33.49	3
42	Monica Adam Leon	St. Thomas Aquinas	33.63	6
43	Robyn Gabrovsky	Iroquois Ridge HS	33.80	7
44	Ella Smith	Garth Webb SS	33.91	2
45	Cassandra Bell	St. Thomas Aquinas	34.40	3
46	Evelyn Rothgerber	Oakville Trafalgar	34.79	3
47	Preeya Bhartt	Iroquois Ridge HS	35.19	3
48	Laura Tiberiu	Abbey Park	35.46	7

Women 200 Meter Dash Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year	School	Semis	H#
Semi-Finals				
1	Thi-Anne	Hillyard	Garth Webb SS	27.76Q 2
2	Olive	Ude	Cathedral	27.95Q 1
3	Taalayah	Davidson	St. Thomas M	28.08Q 1
3	Chantelle	Parker	Bishop Reding Css	28.08Q 2
5	Sophie	Walker	Christ the K	28.15Q 2
6	Lucy	Edgar	Oakville Trafalgar	28.39Q 1
7	Lauryn	Winters	Jean Vanier Css	28.45q 2
8	Zoe	Knights	Georgetown D	28.83q 2
9	Mya	D'Arrigo	St. Jean de Brebeuf	28.94 1
10	Lauren	Smith	Bishop Tonnos	29.23 2
11	Madison	Dempster	Acton Distri	29.26 2
12	Hanna	Wennberg	Abbey Park	29.35 1
13	Ella	Philogene	T. A. Blakel	29.62 1
14	Alessia	Huma	Dr Frank J H	29.79 2
15	Morin	Salami	Kings Christ	31.76 1
16	Maddy	Gander	Georgetown D	32.43 1

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Women 200 Meter Dash Junior

Name	Year School	Finals
Finals		
1 Thi-Anne Hillyard	Garth Webb SS	27.57
2 Olive Ude	Cathedral	27.91
3 Chantelle Parker	Bishop Reding Css	27.92
4 Taaliyah Davidson	St. Thomas M	28.01
5 Lauryn Winters	Jean Vanier Css	28.23
6 Lucy Edgar	Oakville Trafalgar	28.43
7 Sophie Walker	Christ the K	28.48
8 Zoe Knights	Georgetown D	28.89

Women 400 Meter Dash Junior

Name	Year School	Finals	H#
1 Rachel Watson	St. Mary	1:02.23	1
2 Sara DiStefano	Abbey Park	1:02.46	2
3 Maddy Gander	Georgetown D	1:03.66	2
4 Lucy Edgar	Oakville Trafalgar	1:04.01	2
5 Rachel Moulton	St. Jean de Brebeuf	1:04.16	2
6 Chantelle Parker	Bishop Reding Css	1:06.06	1
7 Rebecca Schultz	Abbey Park	1:09.73	2
8 Keighlin De Vera	Christ the K	1:11.27	1
9 Paige Micallef	St. Jean de Brebeuf	1:12.51	2
10 Bel Zhao	Oakville Trafalgar	1:12.94	1
11 Grace Shi	T. A. Blakel	1:15.07	2
12 Monica Adam Leon	St. Thomas Aquinas	1:20.89	2
13 Michelle Sidrak	Kings Christ	1:22.76	1
14 Preeya Bhartt	Iroquois Ridge HS	1:24.76	1
15 Tena Smiljanec	St. Jean de Brebeuf	1:25.65	1

Women 800 Meter Run Junior

Name	Year School	Finals
1 Rachel Moulton	St. Jean de Brebeuf	2:32.86
2 Kayla Overholt	Notre Dame	2:33.36
3 Frieda Piepp	Abbey Park	2:36.09
4 Keighlin De Vera	Christ the K	2:42.97
5 Farrah O'Connell	St. Thomas Aquinas	2:45.43
6 Heather Robertson	Nelson High School	2:53.00
7 Hayley Vanderdrift	Georgetown D	2:53.15
8 Victoria Wawrzynczyk	T. A. Blakel	2:53.18
9 Jemima Swenor	Georgetown D	2:54.62
10 Gloseje Mutombo	St. Ignatius	3:08.90
11 Mia Tustanic	St. Ignatius	3:10.57
12 Sofia Solano	St. Ignatius	3:11.04
13 Saba Lateef	Bishop Tonnos	3:21.00

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Women 1500 Meter Run Junior

Name	Year School	Finals
1 Kayla Overholt	Notre Dame	5:14.14
2 Eve Gratton	Dr Frank J H	5:15.89
3 Ava Snyder	Burlington C	5:21.01
4 Stephanie Evans	Abbey Park	5:21.14
5 Sara Toneguzzi	St. Ignatius	5:34.57
6 Autumn Klimsiak	Christ the K	5:35.79
7 Keighlin De Vera	Christ the K	5:50.85
8 Farrah O'Connell	St. Thomas Aquinas	5:52.22
9 Jemima Swenor	Georgetown D	5:52.58
10 Victoria Wawrzynczyk	T. A. Blakel	5:52.94
11 Cassandra Vellinga	St. Thomas Aquinas	5:53.48
12 Hayley Vanderdrift	Georgetown D	5:57.87
13 Heather Robertson	Nelson High School	5:59.48
14 Hayley Parent	Corpus Christi Css	6:02.28
15 Rebecca Stevenson	Garth Webb SS	6:21.02
16 Kassandra Nagy	Garth Webb SS	6:51.61
17 Saba Lateef	Bishop Tonnos	7:10.10

Women 3000 Meter Run Junior

Name	Year School	Finals
1 Kayla Overholt	Notre Dame	11:53.91
2 Stephanie Evans	Abbey Park	11:54.69
3 Eve Gratton	Dr Frank J H	12:03.55
4 Ava Snyder	Burlington C	12:10.03
5 Hayley Parent	Corpus Christi Css	13:03.54
6 Jemima Swenor	Georgetown D	13:37.50
7 Heather Robertson	Nelson High School	13:45.28
-- Cassandra Vellinga	St. Thomas Aquinas	DNF
-- Hayley Vanderdrift	Georgetown D	DNF

Women 80 Meter Hurdles Junior

Name	Year School	Finals	H#
1 Rachel Watson	St. Mary	12.71	3
2 Taryn Millar	St. Mary	12.96	3
3 Tessa Marras	Bishop Tonnos	13.79	4
4 Alessia Huma	Dr Frank J H	14.19	4
5 Hanna Wennberg	Abbey Park	14.53	3
6 Emma Temple	St. Ignatius	14.59	3
7 Ashley Barrera	St. Thomas M	14.64	3
8 Ava DePagter	Dr Frank J H	14.79	3
9 Sara DiStefano	Abbey Park	14.85	4
10 Alex Rudic	St. Ignatius	15.00	3
11 Leah O'Meara	Christ the K	15.07	3
12 Samantha Kupis	Bishop Tonnos	15.40	4
13 Haley Kim	Garth Webb SS	15.50	4
14 Mikayla Espinola	Dr Frank J H	16.65	4
15 Tessa Hickey	St. Ignatius	17.23	1
16 Mackenzie Probert	Oakville Trafalgar	17.30	2

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....Women 80 Meter Hurdles Junior

16	Irina Iancu	St. Ignatius	17.30	1
18	Marvet Mohamed	Cathedral	17.71	1
19	Favour Mukoro	Iroquois Ridge HS	17.73	1
20	Iris Li	Iroquois Ridge HS	18.00	2
21	Jesse Dalby	Oakville Trafalgar	18.10	1
22	Katherine Eriksson	St. Thomas Aquinas	18.21	4
23	Emily Drennan	St. Ignatius	18.27	2
24	Avery Galvan	St. Ignatius	18.28	2
25	Fiona Miller	Robert Batem	18.48	4
26	Paige Mander	Oakville Trafalgar	19.33	2
27	Evelyn Rothgerber	Oakville Trafalgar	19.75	2

Women 300 Meter Hurdles Junior

Name	Year	School	Finals	H#	
1	Rachel	Watson	St. Mary	47.45	2
2	Sara	DiStefano	Abbey Park	48.76	2
3	Maddy	Gander	Georgetown D	48.86	2
4	Tessa	Marras	Bishop Tonnos	51.42	1
5	Emma	Brown	St. Jean de Brebeuf	57.00	2
6	Mia	Tustanic	St. Ignatius	59.67	1
7	Samantha	Kupis	Bishop Tonnos	1:00.49	2
8	Gloseje	Mutombo	St. Ignatius	1:01.93	2
9	Irina	Iancu	St. Ignatius	1:03.82	2
10	Zoey	Williams	M.M.Robinson	1:06.14	2
11	Zara	Williams	M.M.Robinson	1:07.93	1

Women 4x100 Meter Relay Junior

School	Finals	H#	
1	St. Mary 'A'	51.71	1
2	Bishop Tonnos 'A'	53.14	3
3	St. Jean de Brebeuf 'A'	53.96	3
4	Abbey Park 'A'	53.97	1
5	Christ the King Catholic SS 'A'	54.50	3
6	Oakville Trafalgar 'A'	55.06	2
7	Kings Christian Collegiate 'A'	55.11	3
8	Bishop Ryan 'A'	55.34	2
9	Dr Frank J Hayden SS 'A'	55.45	3
10	Acton District High School 'A'	55.79	2
11	St. Ignatius of Loyola 'A'	57.53	2
12	Notre Dame 'A'	57.86	3
13	St. Thomas Aquinas 'A'	58.37	2
14	St. Thomas More Secondary S 'A'	58.72	2
15	Corpus Christi Csa 'A'	58.95	2
16	T. A. Blakelock High School 'A'	59.31	3
17	Iroquois Ridge HS 'A'	1:02.14	1
18	Bishop Reding Csa 'A'	1:02.36	3
19	M.M.Robinson 'A'	1:02.75	1
20	Garth Webb SS 'A'	1:06.33	1

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Women High Jump Junior

Name	Year	School	Finals
1 Taryn Millar		St. Mary	1.38m
1.10 1.15 1.20 1.25 1.30 1.33 1.35 1.38 1.41			
P O O O O O XO O XXX			
2 Emma Tutt		Christ the K	1.33m
1.10 1.15 1.20 1.25 1.30 1.33 1.35			
O O O XO O XO XXX			
3 Heather Scott		Christ the K	1.30m
1.10 1.15 1.20 1.25 1.30 1.33			
O O O O XO XXX			
4 Anne Coll-Andikopoulos		St. Mary	J1.30m
1.10 1.15 1.20 1.25 1.30 1.33			
P O O O XXO XXX			
5 Favour Mukoro		Iroquois Ridge HS	1.25m
1.10 1.15 1.20 1.25 1.30			
O O XO O XXX			
6 Katrina Kamminga		Acton Distri	J1.25m
1.10 1.15 1.20 1.25 1.30			
P O XO O XXX			
7 Peyton Helgason		Christ the K	J1.25m
1.10 1.15 1.20 1.25 1.30			
O O O XO XXX			
7 Adriana Scime		St. Jean de Brebeuf	J1.25m
1.10 1.15 1.20 1.25 1.30			
O O O XO XXX			
9 Rachel Moulton		St. Jean de Brebeuf	J1.25m
1.10 1.15 1.20 1.25 1.30			
P O XO XO X			
10 Reauna Vriends		St. Jean de Brebeuf	1.20m
1.10 1.15 1.20 1.25			
O O XXO XXX			
11 Leah O'Meara		Christ the K	1.15m
1.10 1.15 1.20			
XO XO XXX			
12 Marvet Mohamed		Cathedral	1.10m
1.10 1.15			
O XXX			
12 Micaela McDougal		St. Jean de Brebeuf	1.10m
1.10 1.15			
O XXX			

Women Long Jump Junior

Name	Year	School	Finals
1 Jordyn Reisch		Aldershot	5.08m
3.65m 4.61m 4.71m 5.08m 4.49m 4.50m			
2 Elizabeth Young		Notre Dame	4.78m
4.66m 4.43m 4.67m 4.70m 4.76m 4.78m			
3 Taryn Millar		St. Mary	J4.78m
PASS 4.54m 4.25m 4.53m 4.59m 4.78m			
4 Kathleen Reedman		Georgetown D	4.53m
4.22m 4.27m 4.44m 4.53m FOUL 4.45m			

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....Women Long Jump Junior

5	Julia Skrodzki	Cardinal Newman	4.52m
	4.14m FOUL 4.33m 4.40m 4.20m 4.52m		
6	Anne Coll-Andikopoulos	St. Mary	4.42m
	4.11m FOUL 4.42m 4.19m FOUL 4.28m		
7	Jordyn Ellsworth	Aldershot	4.39m
	4.12m 4.18m 4.18m 4.39m 4.38m 4.29m		
8	Mikayla Espinola	Dr Frank J H	4.29m
	4.05m 4.03m 4.29m 4.07m 4.26m FOUL		
9	Chantelle Parker	Bishop Reding Css	4.14m
	4.14m 4.01m 3.91m		
10	Grace Ogundeji	St. Thomas Aquinas	4.13m
	3.79m 4.13m 4.06m		
11	Emilia Strozak	St. Ignatius	4.11m
	FOUL 4.11m 3.77m		
12	Felicia Liu	St. Ignatius	4.07m
	3.59m 3.85m 4.07m		
13	Riya Sapra	White Oaks S.S.	4.04m
	4.00m 4.04m 3.99m		
14	Anna Masengi	Kings Christ	4.02m
	2.49m FOUL 4.02m		
15	Madison Dempster	Acton Distri	3.93m
	3.84m 3.92m 3.93m		
16	Reauna Vriends	St. Jean de Brebeuf	3.92m
	3.46m 3.92m 3.35m		
17	Victoria Clancy	Dr Frank J H	3.90m
	3.69m 3.90m FOUL		
18	Sydney Paterson	St. Thomas M	3.85m
	3.85m 3.82m 3.47m		
19	Maddie Fulop	St. Mary	J3.85m
	3.79m FOUL 3.85m		
20	Bel Zhao	Oakville Trafalgar	J3.85m
	3.65m 3.85m 3.42m		
21	Rebecca Schultz	Abbey Park	3.83m
	3.72m 3.58m 3.83m		
22	Ashley Barrera	St. Thomas M	3.82m
	FOUL 3.79m 3.82m		
23	Peyton Helgason	Christ the K	3.79m
	FOUL 3.79m 3.70m		
24	Grace Shi	T. A. Blakel	3.75m
	FOUL 3.58m 3.75m		
25	Laura Fedor	Christ the K	3.74m
	FOUL FOUL 3.74m		
26	Hanna Wennberg	Abbey Park	3.68m
	PASS 3.47m 3.68m		
27	Kaitlin Santos	St. Ignatius	3.63m
	3.39m 3.48m 3.63m		
28	Micaela McDougal	St. Jean de Brebeuf	3.60m
	2.91m 3.60m 3.38m		
29	Emma Miller	Robert Batem	3.57m
	3.53m 3.57m FOUL		
30	Chloe Gammad	St. Thomas M	3.49m
	FOUL 3.49m FOUL		
31	Caroline Dametto	St. Mary	3.41m
	3.30m 3.02m 3.41m		

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....Women Long Jump Junior

32	Kayla Sapir	Oakville Trafalgar	3.37m
	FOUL 3.29m 3.37m		
33	Erica Oczot	Bishop Ryan	3.25m
	2.80m 3.03m 3.25m		
34	Charlize Pulcine	Robert Batem	3.22m
	2.86m 3.22m 3.09m		
35	McKenzie Spriel	Milton Distr	3.17m
	2.26m 3.08m 3.17m		
36	Olivia Vrankic	Christ the K	3.14m
	2.73m 2.52m 3.14m		
37	Jenna Watson	Garth Webb SS	3.10m
	2.89m 2.89m 3.10m		
38	Jordyn Kroezen	Acton Distri	3.05m
	3.05m 2.34m 2.48m		
39	Hannah Dam	T. A. Blakel	2.87m
	2.65m 2.87m 2.72m		
40	Mari Novakovic	Bishop Ryan	2.85m
	2.43m 2.85m 2.64m		
41	Michelle Sidrak	Kings Christ	2.46m
	2.43m 2.46m 2.36m		

Women Triple Jump Junior

Name	Year	School	Finals
1 Anne Coll-Andikopoulos		St. Mary	10.08m
	9.58m 9.58m 9.64m	FOUL 9.63m 10.08m	
2 Emma Tutt		Christ the K	9.80m
	9.37m FOUL 9.09m	FOUL 9.80m FOUL	
3 Alessia Huma		Dr Frank J H	9.56m
	FOUL 9.56m PASS PASS	9.56m PASS	
4 Grace Shi		T. A. Blakel	9.22m
	8.51m 8.97m 9.08m 8.95m	9.22m 8.93m	
5 Kathleen Reedman		Georgetown D	9.06m
	FOUL FOUL 9.06m 8.48m	8.58m 8.90m	
6 Felicia Liu		St. Ignatius	8.86m
	FOUL 8.72m 8.86m		
7 McKenzie Spriel		Milton Distr	8.63m
	8.63m 8.56m 8.24m	FOUL 8.54m 8.54m	
8 Adriana Scime		St. Jean de Brebeuf	8.39m
	8.39m 8.08m 8.04m 8.37m	7.92m FOUL	
9 Laura Fedor		Christ the K	8.37m
	8.37m 8.17m 7.24m 7.78m	7.52m 7.81m	
10 Iris Li		Iroquois Ridge HS	8.28m
	7.92m 7.95m 8.28m		
11 Reauna Vriends		St. Jean de Brebeuf	7.86m
	7.58m 7.74m 7.86m		
12 Maddie Fulop		St. Mary	7.66m
	7.56m FOUL 7.66m		
13 Emma Miller		Robert Batem	7.55m
	7.39m FOUL 7.55m		
14 Caroline Dametto		St. Mary	7.29m
	7.29m 7.26m 6.96m		

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....Women Triple Jump Junior

15	Jordyn Kroezen	Acton Distri	7.20m
	6.98m 7.20m FOUL		
16	Antonia Guo	Abbey Park	7.05m
	6.86m 6.96m 7.05m		
--	Micaela McDougal	St. Jean de Brebeuf	FOUL
	FOUL FOUL FOUL		
--	Mari Novakovic	Bishop Ryan	FOUL
	FOUL FOUL FOUL		

Women Shot Put Junior

Name	Year	School	Finals
1 Lauryn Winters		Jean Vanier Css	7.88m
	7.88m FOUL 7.54m FOUL	7.24m 7.11m	
2 Katrina Kamminga		Acton Distri	7.41m
	6.55m 6.87m 6.63m 6.86m	7.19m 7.41m	
3 Fo Ogundimbola		Kings Christ	7.14m
	FOUL 7.14m 6.82m 6.96m	FOUL 6.45m	
4 Jess Sirman		Georgetown D	6.84m
	FOUL 5.66m FOUL 6.43m	6.65m 6.84m	
5 Antonia Guo		Abbey Park	6.57m
	5.66m 6.57m 5.43m 6.15m	FOUL 5.50m	
6 Zoey Williams		M.M.Robinson	6.26m
	5.39m 6.26m FOUL 5.34m	5.49m 4.76m	
7 Fiona Miller		Robert Batem	6.02m
	5.54m 5.88m 5.62m FOUL	6.02m 5.73m	
8 Sara Olawoye		St. Thomas Aquinas	5.97m
	5.59m 5.57m 5.97m FOUL	5.18m 5.39m	
9 Logan Garvey		St. Jean de Brebeuf	5.60m
	3.95m 5.03m 5.60m		
10 Ava DePagter		Dr Frank J H	5.56m
	5.56m 5.44m 5.45m		
11 Christine Demerjian		St. Jean de Brebeuf	5.50m
	5.25m 5.50m 4.93m		
12 Carlene Ceccelli		St. Jean de Brebeuf	4.95m
	FOUL FOUL 4.95m		
13 Charlize Pulcine		Robert Batem	4.70m
	FOUL FOUL 4.70m		
14 Jessica Santacruz		Bishop Reding Css	4.55m
	4.00m FOUL 4.55m		
15 Zara Williams		M.M.Robinson	4.27m
	3.89m 3.78m 4.27m		
16 Emma Miller		Robert Batem	4.06m
	FOUL 4.06m 3.69m		

Women Discus Throw Junior

Name	Year	School	Finals
1 Logan Garvey		St. Jean de Brebeuf	24.49m
	24.49m 22.45m 18.73m 18.19m	20.22m	
2 Makenzie Maludzinski		Bishop Ryan	23.46m
	22.68m 20.22m 21.59m 23.46m	FOUL 23.15m	

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....Women Discus Throw Junior

3	Kayla Vanbeek	Bishop Ryan	22.24m
	18.25m FOUL 14.40m	21.37m 22.24m	
4	Jess Sirman	Georgetown D	18.36m
	18.06m 17.88m 18.36m	16.23m	
5	Katrina Kamminga	Acton Distri	18.27m
	17.00m 12.68m 15.84m	18.27m 17.90m 17.70m	
6	Olivia Vrankic	Christ the K	15.95m
	FOUL 13.99m 15.04m	15.57m 15.95m	
7	Megan Tindale	Aldershot	15.10m
	FOUL 15.10m FOUL	FOUL	
8	Carlene Ceccelli	St. Jean de Brebeuf	14.98m
	14.03m 13.84m 14.98m	FOUL FOUL	
9	Christine Ha	Corpus Christi Css	14.04m
	14.04m FOUL 13.62m		
10	Emma Eichenberg	Assumption	12.43m
	11.25m 12.43m		
11	Jasmin Bates	Bishop Ryan	12.26m
	FOUL 12.05m 12.26m		
--	Jessica Santacruz	Bishop Reding Css	FOUL
	FOUL FOUL		
--	Tiana Rhule	Bishop Reding Css	FOUL
	FOUL x x		
--	Angelica Ballen	Bishop Reding Css	FOUL
	FOUL FOUL FOUL		

Women Javelin Throw Junior

Name	Year	School	Finals
1 Logan Garvey		St. Jean de Brebeuf	29.20m
	29.20m 25.59m	FOUL 26.80m FOUL 25.61m	
2 Natalie Luszawski		Christ the K	24.21m
	24.21m FOUL FOUL	FOUL FOUL FOUL	
3 Carlene Ceccelli		St. Jean de Brebeuf	19.85m
	17.19m 16.30m 12.16m	14.33m 19.85m FOUL	
4 Sonia Baxby		Corpus Christi Css	17.81m
	FOUL FOUL 17.81m	FOUL 13.96m 17.51m	
5 Christine Demerjian		St. Jean de Brebeuf	17.79m
	17.12m 14.74m 14.34m	15.70m 14.16m 17.79m	
6 Jess Sirman		Georgetown D	17.38m
	13.12m 15.57m 15.63m	17.38m 15.64m 16.06m	
7 Madeleie Adili		Bishop Reding Css	16.64m
	12.13m 16.64m 14.32m	14.99m FOUL FOUL	
8 Autumn Klimsiak		Christ the K	16.03m
	16.03m 14.26m 15.60m	12.00m FOUL FOUL	
9 Katherine Eriksson		St. Thomas Aquinas	14.16m
	14.16m 13.33m	FOUL	
10 Savannah Grisoni		Bishop Reding Css	10.87m
	9.75m 9.85m 10.87m		
11 Angelica Ballen		Bishop Reding Css	9.39m
	9.39m 8.37m	FOUL	
12 Emma Eichenberg		Assumption	7.35m
	7.35m 7.33m 6.50m		

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....Women Javelin Throw Junior

-- Emily Drennan	St. Ignatius	FOUL
FOUL FOUL FOUL		
-- Jayme Foreman	St. Mary	FOUL
FOUL FOUL FOUL		
-- Charlize Pulcine	Robert Batem	FOUL
FOUL FOUL FOUL		

Women 100 Meter Dash Senior**16 Advance: Top 2 Each Heat plus Next 2 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Fiorella Granda	Holy Trinity	12.84Q	7
2 Erica Folo	Nelson High School	12.90Q	3
3 Larissa Soto	Nelson High School	13.03Q	4
4 Samantha Lessick	Robert Batem	13.36Q	6
5 Alex Hurd	T. A. Blakel	13.44Q	5
6 Zainab Salami	Kings Christ	13.88Q	1
7 Sydney Clayford	Jean Vanier Css	14.93Q	2
8 Isabelle Caruana	St. Thomas Aquinas	12.97Q	7
9 Sarah Fillier	Christ the K	13.14Q	3
10 Rachel Brown	Kings Christ	13.38Q	4
11 Bailey Bovell	St. Mary	13.51Q	5
12 Tiana Bucknor	Bishop Reding Css	14.14Q	1
13 Maria Tshiolo	Bishop Reding Css	14.27Q	6
14 Angela DeSousa	Holy Trinity	15.74Q	2
15 Tiena Neale	Kings Christ	13.51q	3
16 Sydney Waddel	Dr Frank J H	13.64q	3
17 Gabby Danilowski	Christ the K	13.74	7
18 Elise Rougier	T. A. Blakel	14.13	4
19 Richael Oppong	St. Thomas Aquinas	14.21	4
19 Caitlin Rodgerson	Aldershot	14.21	7
21 Jadya Goncalves	Christ the K	14.26	4
21 Zuva Gwata	St. Thomas Aquinas	14.26	1
23 Tori-Ann Campbell	Jean Vanier Css	14.30	5
24 Jen Parsons	Christ the K	14.31	1
25 Jaida Douglas-Charles	Bishop Reding Css	14.49	3
26 Patricia Nunez	Nelson High School	14.51	1
27 Keiara Jones-Tyrell	Bishop Reding Css	14.83	4
28 Jewels Odogba	St. Thomas M	14.88	1
29 Dianna Peschke	St. Thomas M	14.89	3
30 Sandra Hwang	Garth Webb SS	14.93	4
31 Sydney Lee	Milton Distr	14.98	5
32 Carissa Chen	Abbey Park	15.32	6
33 Sydney Azimi	Acton Distri	15.36	7
34 Carly Thompson	Georgetown D	15.57	7
35 Meghan Damrell	Iroquois Ridge HS	15.68	3
36 Hailey Roseland-Barnes	White Oaks S.S.	16.29	1
37 Tresheka Henmings	Bishop Ryan	16.32	2
38 Margaret Gong	Abbey Park	16.43	4
39 Zoha Horani	Garth Webb SS	16.59	2

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Women 100 Meter Dash Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Isabelle Caruana	St. Thomas Aquinas	12.73Q	2
2 Larissa Soto	Nelson High School	12.81Q	1
3 Erica Folo	Nelson High School	12.87Q	1
4 Fiorella Granda	Holy Trinity	12.88Q	2
5 Sarah Fillier	Christ the K	13.03Q	2
6 Sydney Clayford	Jean Vanier Css	13.10Q	1
7 Bailey Bovell	St. Mary	13.15q	1
8 Samantha Lessick	Robert Batem	13.18q	2
9 Rachel Brown	Kings Christ	13.35	1
10 Alex Hurd	T. A. Blakel	13.37	2
11 Tiena Neale	Kings Christ	13.40	1
12 Sydney Waddel	Dr Frank J H	13.50	2
13 Zainab Salami	Kings Christ	13.84	1
14 Tiana Bucknor	Bishop Reding Css	13.92	2
15 Maria Tshiolo	Bishop Reding Css	14.54	2
16 Angela DeSousa	Holy Trinity	15.91	1

Women 100 Meter Dash Senior

Name	Year School	Finals
Finals		
1 Erica Folo	Nelson High School	12.65
2 Larissa Soto	Nelson High School	12.69
3 Isabelle Caruana	St. Thomas Aquinas	12.80
4 Fiorella Granda	Holy Trinity	12.95
5 Bailey Bovell	St. Mary	13.10
6 Sarah Fillier	Christ the K	13.17
7 Sydney Clayford	Jean Vanier Css	13.21
8 Samantha Lessick	Robert Batem	13.53

Women 200 Meter Dash Senior**16 Advance: Top 1 Each Heat plus Next 10 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Erica Folo	Nelson High School	26.67Q	6
2 Larissa Soto	Nelson High School	26.88Q	3
3 Dania Elsammak	Iroquois Ridge HS	26.92Q	5
4 Sarah Fillier	Christ the K	27.79Q	2
5 Alex Hurd	T. A. Blakel	27.98Q	4
6 Gabby Danilowski	Christ the K	28.54Q	1
7 Samantha Lessick	Robert Batem	27.23q	6
8 Kenna Hopkins	Dr Frank J H	27.24q	5
9 Nia Ebos	St. Mary	27.32q	6
10 Tiena Neale	Kings Christ	27.98q	3
11 Sydney Waddel	Dr Frank J H	28.21q	2
12 Bailey Bovell	St. Mary	28.23q	4
13 Rachel Brown	Kings Christ	28.44q	2

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....Women 200 Meter Dash Senior

14	Abby Egert	Dr Frank J H	28.62q	1
15	Emily Claire Ng	St. Ignatius	28.68q	4
16	Emily Morden	Burlington C	28.70q	2
17	Shenise Ryan-Donagan	Dr Frank J H	28.81	3
18	Zuva Gwata	St. Thomas Aquinas	29.07	1
19	Julia DiFederico	Bishop Tonnos	29.09	1
20	Tiana Bucknor	Bishop Reding Css	29.45	5
21	Jen Parsons	Christ the K	29.71	3
22	Noureen Murray	St. Ignatius	29.76	2
23	Tasha Halahckone	Bishop Reding Css	29.80	2
24	Caitlin Rodgeron	Aldershot	29.85	3
25	Patricia Nunez	Nelson High School	30.17	3
26	Sabrina Seymour	Cathedral	30.25	1
27	Naomi Iiyomade	Bishop Reding Css	30.52	4
28	Leah Creelman	Holy Trinity	30.63	5
29	Jewels Odogba	St. Thomas M	31.02	6
30	Dianna Peschke	St. Thomas M	31.11	6
31	Tatianna Byrne	St. Thomas Aquinas	31.35	2
32	Alex Magliocco	Bishop Tonnos	31.44	5
33	Maria Loboguerrero	Bishop Reding Css	31.51	1
34	Golda Ampah	St. Jean de Brebeuf	31.52	2
35	Veronica Carvahlo	Abbey Park	31.95	3
36	Carly Thompson	Georgetown D	32.70	4
37	Julia Calabro	St. Ignatius	33.32	1
38	Olivia Cargo	St. Ignatius	35.46	1
39	Hailey Roseland-Barnes	White Oaks S.S.	35.51	6
40	Mia Pascall	M.M.Robinson	36.08	4
41	Jenna Thorpe	White Oaks S.S.	36.31	4

Women 200 Meter Dash Senior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

=====				
Name	Year	School	Semis	H#
=====				
Semi-Finals				
1	Larissa Soto	Nelson High School	26.74Q	1
2	Nia Ebos	St. Mary	27.63Q	2
3	Dania Elsammak	Iroquois Ridge HS	26.95Q	1
4	Erica Folo	Nelson High School	27.86Q	2
5	Samantha Lessick	Robert Batem	27.12Q	1
6	Alex Hurd	T. A. Blakel	27.97Q	2
7	Sydney Waddel	Dr Frank J H	28.12q	1
8	Tiena Neale	Kings Christ	28.14q	1
9	Bailey Bovell	St. Mary	28.43	2
10	Emily Claire Ng	St. Ignatius	28.64	1
11	Emily Morden	Burlington C	28.70	2
12	Gabby Danilowski	Christ the K	28.81	1
13	Sarah Fillier	Christ the K	28.90	2
14	Rachel Brown	Kings Christ	28.93	2
15	Abby Egert	Dr Frank J H	29.16	1

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Women 200 Meter Dash Senior

Name	Year School	Finals
Finals		
1 Erica Folo	Nelson High School	26.18
2 Larissa Soto	Nelson High School	26.46
3 Dania Elsammak	Iroquois Ridge HS	26.63
4 Samantha Lessick	Robert Batem	27.32
5 Bailey Bovell	St. Mary	27.45
6 Nia Ebos	St. Mary	27.54
7 Alex Hurd	T. A. Blakel	27.72
8 Sydney Waddel	Dr Frank J H	28.33

Women 400 Meter Dash Senior

Name	Year School	Finals	H#
1 Savanna Kent-Korell	Georgetown D	58.38	3
2 Nicole Parsons	Abbey Park	58.64	3
3 Dania Elsammak	Iroquois Ridge HS	1:00.24	2
4 Madison Shakeshaft	St. Jean de Brebeuf	1:01.35	3
5 Samantha Lessick	Robert Batem	1:02.05	3
6 Meagan Stager	Bishop Tonnos	1:05.42	3
7 Stacy McGinnis	Christ the K	1:07.45	2
8 Sherecia Bangura	Cathedral	1:07.47	3
9 Alex Magliocco	Bishop Tonnos	1:09.00	2
10 Ava Clark	Kings Christ	1:09.12	3
11 Emily Bourque	Bishop Tonnos	1:12.96	2
12 Madison Shaw	White Oaks S.S.	1:13.00	3
13 Yasmin Al-Dojaily	Craig Kielburger SS	1:15.83	2
14 Tanya Nantsa	Jean Vanier Css	1:20.47	2
15 Samantha Mark	Iroquois Ridge HS	1:22.86	2
16 Erin Fenton	Acton Distri	1:40.55	2

Women 800 Meter Run Senior

Name	Year School	Finals	H#
1 Nicole Parsons	Abbey Park	2:26.40	2
2 Abbey Maillet	St. Mary	2:30.21	2
3 Lauren Taylor	Holy Trinity	2:32.06	1
4 Meagan Stager	Bishop Tonnos	2:32.81	2
5 Sydney Brough	Iroquois Ridge HS	2:42.02	1
6 Emma Crosbie	Georgetown D	2:43.18	2
7 Austine Wang	White Oaks S.S.	2:43.31	1
8 Alison McLoughin	Assumption	2:48.33	2
9 Ava Clark	Kings Christ	2:50.12	1
10 Paige Messier	Nelson High School	2:51.18	1
11 Hannah English	Christ the K	2:51.65	1
12 Aya Shbeeb	Craig Kielburger SS	2:54.02	2
13 Emily Macdonald	Nelson High School	2:56.50	2
14 Amy Vermeeren	St. Ignatius	2:57.05	1
15 Anna Zielinski	Dr Frank J H	3:04.36	2
16 Beth Weese	Acton Distri	3:15.38	1
17 Natalie Dixon	M.M.Robinson	3:18.58	2

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....Women 800 Meter Run Senior

18 Samantha Mark Iroquois Ridge HS 3:21.18 1

Women 1500 Meter Run Senior

Name	Year	School	Finals
1 Abbey Maillet		St. Mary	5:07.20
2 Sandra Guga		White Oaks S.S.	5:12.98
3 Lauren Taylor		Holy Trinity	5:16.51
4 Hannah English		Christ the K	5:25.15
5 Katie Schwindt		T. A. Blakel	5:32.09
6 Chloe Calitri		St. Thomas Aquinas	5:32.85
7 Jesse Drzewicki		Bishop Tonnos	5:33.47
8 Austine Wang		White Oaks S.S.	5:35.66
9 Prarthana Sarpal		Garth Webb SS	5:47.64
10 Alison McLoughin		Assumption	6:00.17
11 Anne Lytle		Robert Batem	6:10.32
12 Amy Vermeeren		St. Ignatius	6:13.63
13 Aya Shbeeb		Craig Kielburger SS	6:22.46
14 Anna Zielinski		Dr Frank J H	6:27.20
15 Beth Weese		Acton Distri	6:37.00
16 Jordan Stott		Georgetown D	7:30.72
17 Eugenie Kowal		Holy Trinity	7:46.28

Women 3000 Meter Run Senior

Name	Year	School	Finals
1 Ella Kubas		Milton Distr	11:09.55
2 Sandra Guga		White Oaks S.S.	11:24.90
3 Abbey Maillet		St. Mary	11:41.14
4 Emma Crosbie		Georgetown D	11:50.16
5 Chloe Calitri		St. Thomas Aquinas	12:00.51
6 Katie Schwindt		T. A. Blakel	12:15.89
7 Isabella Damjanovic		Bishop Tonnos	12:19.26
8 Madeline Damjanovic		Bishop Tonnos	12:20.43
9 Hannah English		Christ the K	12:38.92
10 Anne Lytle		Robert Batem	13:09.38
11 Prarthana Sarpal		Garth Webb SS	13:28.04
12 Abey Ormond		Bishop Tonnos	14:25.91

Women 100 Meter Hurdles Senior

Name	Year	School	Finals	H#
1 Madison Shakeshaft		St. Jean de Brebeuf	14.83	3
2 Nia Ebos		St. Mary	17.29	2
3 Hannah Martin-Spencer		Dr Frank J H	17.67	3
4 Amy Ecclestone		T. A. Blakel	18.47	3
5 Brooke Playter		Craig Kielburger SS	18.83	3
6 Emily Macdonald		Nelson High School	19.05	2
7 Maria Loboguerrero		Bishop Reding Css	19.09	1
8 Stacy McGinnis		Christ the K	19.12	1
9 Petra Toop		St. Thomas Aquinas	19.79	3

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....Women 100 Meter Hurdles Senior

10	Elise Rougier	T. A. Blakel	19.84	3
11	Meghan Damrell	Iroquois Ridge HS	19.86	2
12	Claudia Rando	Iroquois Ridge HS	20.14	2
13	Richaël Oppong	St. Thomas Aquinas	20.16	3
14	Ciera Germain	Milton Distr	21.27	2
15	Safa Imtiyaz	Bishop Reding Css	22.10	2
16	Treshka Henmings	Bishop Ryan	22.17	2
17	Iman Stewart	St. Thomas M	22.70	2
18	Arisa Derakhshan	St. Ignatius	26.29	1

Women 400 Meter Hurdles Senior

Name	Year School	Finals	H#
1	Nicole Parsons	Abbey Park	1:04.30 2
2	Savanna Kent-Korell	Georgetown D	1:04.32 2
3	Madison Shakeshaft	St. Jean de Brebeuf	1:06.88 2
4	Darena Choliy	St. Ignatius	1:09.19 2
5	Tife Ademidun	Bishop Reding Css	1:09.87 2
6	Dania Elsammak	Iroquois Ridge HS	1:11.17 1
7	Stacy McGinnis	Christ the K	1:16.26 2
8	Caitlin Everett	St. Ignatius	1:18.62 1
9	Emily Macdonald	Nelson High School	1:22.78 1

Women 4x100 Meter Relay Senior

School	Finals	H#
1	Dr Frank J Hayden SS 'A'	50.40 3
2	Holy Trinity 'A'	52.69 2
3	Christ the King Catholic SS 'A'	52.71 3
4	Nelson High School 'A'	53.18 1
5	Kings Christian Collegiate 'A'	53.64 3
6	T. A. Blakelock High School 'A'	53.93 3
7	Bishop Reding Css 'A'	54.17 2
8	Aldershot 'A'	54.43 1
9	St. Mary 'A'	54.62 2
10	Jean Vanier Css 'A'	54.75 3
11	St. Thomas Aquinas 'A'	54.89 2
12	Bishop Tonnos 'A'	54.95 3
13	Cathedral 'A'	56.43 3
14	Iroquois Ridge HS 'A'	57.19 2
15	St. Ignatius of Loyola 'A'	1:00.34 2
16	White Oaks S.S. 'A'	1:02.85 3
17	Oakville Trafalgar 'A'	1:02.93 1

Women High Jump Senior

Name	Year School	Finals
1 Tife Ademidun	Bishop Reding Css	1.40m
1.15 1.20 1.25 1.30 1.35 1.40 1.45		
0 0 0 0 0 0 XXX		

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....Women High Jump Senior

2	Petra Toop	St. Thomas Aquinas	1.35m
	1.15 1.20 1.25 1.30 1.35 1.40		
	0 0 0 0 0 XXX		
3	Maria Tshiolo	Bishop Reding Css	J1.35m
	1.15 1.20 1.25 1.30 1.35 1.40		
	0 0 0 0 XXO XXX		
4	Jasmine Hamilton	St. Thomas Aquinas	1.15m
	1.15 1.20		
	XO XXX		

Women Pole Vault Senior

Name	Year	School	Finals
1 Elena Colussi-Pelaez		Abbey Park	2.80m

Women Long Jump Senior

Name	Year	School	Finals
1 Sarah Fillier		Christ the K	5.21m
	4.83m 4.91m	PASS 4.93m 4.51m 5.21m	
2 Nia Ebos		St. Mary	5.07m
	4.94m 4.92m 4.71m	5.00m 4.29m 5.07m	
3 Amy Ecclestone		T. A. Blakel	4.58m
	4.46m 3.86m 4.58m	4.49m 4.42m 4.16m	
4 Shenise Ryan-Donagan		Dr Frank J H	4.54m
	FOUL 4.22m 4.32m	4.23m 4.47m 4.54m	
5 Olivia Whyte		Acton Distri	4.53m
	4.44m 4.34m	PASS 4.53m 4.40m 4.39m	
6 Alex Duke		Christ the K	4.37m
	4.15m 3.91m 4.37m	3.89m 4.00m 4.23m	
7 Caitlin Rodgeron		Aldershot	4.23m
	3.83m 4.20m 4.18m	4.23m 4.09m 4.23m	
8 Bailey Bovell		St. Mary	4.22m
	3.85m 3.57m 4.22m	4.02m 3.85m 4.22m	
9 Emily Morden		Burlington C	4.13m
	FOUL 4.13m 3.98m		
10 Sofia Cox		Notre Dame	4.12m
	4.12m FOUL 4.05m		
11 Tife Ademidun		Bishop Reding Css	4.07m
	FOUL FOUL 4.07m		
12 Shakierra Brown		Jean Vanier Css	4.04m
	4.04m 3.64m 3.92m		
13 Richael Oppong		St. Thomas Aquinas	4.01m
	3.93m 4.01m 3.25m		
14 Jadyne Goncalves		Christ the K	3.93m
	3.87m 3.67m 3.93m		
15 Erin Dane		Iroquois Ridge HS	3.91m
	FOUL 3.91m 3.44m		
16 Nura Khattab		Robert Batem	3.79m
	3.79m 3.33m 3.34m		
17 Martina Mercado		Oakville Trafalgar	3.71m
	3.58m 3.66m 3.71m		

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....Women Long Jump Senior

18	Ciera Germain	Milton Distr	3.67m
	3.67m 3.32m 3.52m		
19	Jessie Hayward	Acton Distri	3.64m
	3.50m 3.64m 3.46m		
20	Jess Stephenson	Iroquois Ridge HS	3.61m
	3.61m 3.60m 3.51m		
21	Sandra Kenne	Jean Vanier Css	3.57m
	3.44m 3.57m 3.40m		
22	Alexa Nantsa	Jean Vanier Css	3.55m
	3.55m PASS PASS		
22	Vonise Ryan-Donegan	Dr Frank J H	3.55m
	FOUL FOUL 3.55m		
24	Tanya Nantsa	Jean Vanier Css	3.51m
	3.51m 3.44m 3.24m		
25	Meaghan O'Donnell	Bishop Reding Css	3.46m
	3.46m 3.11m 2.96m		
26	Sydney Lee	Milton Distr	3.45m
	3.39m PASS 3.45m		
27	Natalie Ogradnik	Bishop Tonnos	3.44m
	3.18m 3.26m 3.44m		
28	Cassidy Laub	Robert Batem	3.33m
	3.13m 3.33m 3.08m		
29	Sydney Azimi	Acton Distri	3.32m
	FOUL 3.32m PASS		
30	Arissa Derakhshan	St. Ignatius	3.29m
	3.13m 3.29m FOUL		
31	Erica Hollman	Georgetown D	3.22m
	2.94m 3.22m 2.84m		
32	Safa Imtiyaz	Bishop Reding Css	J3.22m
	3.22m FOUL 2.79m		
33	April Bird	Bishop Reding Css	3.12m
	2.92m 3.12m 2.98m		
34	Carissa Chen	Abbey Park	J3.12m
	FOUL 3.12m FOUL		
35	Lexi Maharaj	Oakville Trafalgar	3.07m
	3.07m 3.00m 3.03m		
36	Vanessa Scarcelli	St. Ignatius	2.99m
	2.99m FOUL 2.01m		
37	Eve Graziadei	St. Thomas Aquinas	2.69m
	2.59m 2.69m FOUL		
38	Margaret Gong	Abbey Park	2.12m
	FOUL FOUL 2.12m		
--	Iman Stewart	St. Thomas M	FOUL
	FOUL FOUL FOUL		

Women Triple Jump Senior

=====						
Name	Year	School	Finals			
=====						
1	Zainab Salami	Kings Christ	10.23m			
	9.58m	10.09m	9.73m	9.66m	9.65m	10.23m
2	Olivia Whyte	Acton Distri	9.99m			
	9.36m	9.99m	PASS	PASS	PASS	PASS

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....Women Triple Jump Senior

3	Amy Ecclestone				T. A. Blakel	9.85m
	9.24m	9.62m	9.85m	9.51m	9.80m 9.20m	
4	Petra Toop				St. Thomas Aquinas	9.83m
	9.10m	FOUL	FOUL	9.53m	FOUL 9.83m	
5	Erin Dane				Iroquois Ridge HS	9.12m
	8.71m	FOUL	8.71m	8.78m	9.09m 9.12m	
6	Alex Duke				Christ the K	9.04m
	9.04m	FOUL	FOUL	8.57m	8.45m 8.74m	
7	Jess Stephenson				Iroquois Ridge HS	8.79m
	8.63m	8.70m	8.40m	FOUL	8.79m FOUL	
8	Jessie Hayward				Acton Distri	8.33m
	8.22m	8.33m	FOUL	8.25m	8.23m FOUL	
9	Martina Mercado	Such			Oakville Trafalgar	8.14m
	8.14m	7.74m	7.89m			
10	Darena Choliy				St. Ignatius	8.04m
	FOUL	7.91m	8.04m			

Women Shot Put Senior

=====						
Name	Year School			Finals		
=====						
1	Tamia Noel				St. Ignatius	11.40m
	11.11m	10.99m	FOUL	11.40m	10.23m FOUL	
2	Anna Rickard				St. Jean de Brebeuf	8.04m
	7.82m	FOUL	8.04m	7.67m	7.22m 7.90m	
3	Julia McDonnell				St. Thomas Aquinas	7.97m
	6.50m	7.53m	7.88m	7.86m	7.97m 7.93m	
4	Sydney Weinerman				Nelson High School	J7.97m
	7.97m	7.90m	7.65m	6.92m	7.31m 7.15m	
5	Anna Tchobanian				St. Thomas Aquinas	7.75m
	5.94m	7.75m	6.18m	FOUL	5.62m 6.05m	
6	Shadin Alwahaidi				Abbey Park	7.69m
	6.13m	7.69m	7.57m	6.75m	7.45m 7.05m	
7	Delaney Holness				Dr Frank J H	7.68m
	6.94m	6.83m	7.68m	7.58m	6.91m 7.44m	
8	Jessie Brown				Bishop Reding Css	7.65m
	FOUL	7.29m	7.65m	6.99m	7.51m 7.60m	
9	Rebecca Darby				St. Jean de Brebeuf	7.30m
	6.57m	6.65m	7.30m			
10	Rachel Vanderwal				Bishop Tonnos	7.16m
	6.74m	7.16m	FOUL			
11	Marija Stojkoska				Garth Webb SS	7.03m
	6.72m	FOUL	7.03m			
12	Joanne Jackson				Bishop Reding Css	6.91m
	6.91m	6.91m	6.26m			
13	Erin Fenton				Acton Distri	6.87m
	6.03m	6.65m	6.87m			
14	Veronica Carvahlo				Abbey Park	6.78m
	6.78m	FOUL	FOUL			
15	Julia Desantis				St. Thomas M	6.64m
	FOUL	6.02m	6.64m			
16	Grace Farrington				Acton Distri	6.60m
	6.18m	6.60m	6.04m			

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....Women Shot Put Senior

17 Emily Sinclair	Abbey Park	6.16m
FOUL 6.16m 5.83m		
18 Milan Gibson	St. Thomas M	5.77m
FOUL FOUL 5.77m		
19 Alex Robinson	Milton Distr	5.70m
5.23m 5.27m 5.70m		
20 Kayla Cameron	Bishop Reding Css	5.25m
5.06m 5.25m FOUL		
21 Ruth Vuyk	Acton Distri	4.99m
4.85m 4.99m 4.83m		
22 Kristen Barrett	Georgetown D	4.95m
4.00m 4.95m 4.17m		

Women Discus Throw Senior

Name	Year School	Finals
1 Tamia Noel	St. Ignatius	32.73m
31.76m FOUL FOUL 28.38m 32.73m 30.19m		
2 Amy Simunic	Bishop Ryan	24.89m
22.22m 22.44m 24.89m 24.80m 22.93m 23.27m		
3 Anna Rickard	St. Jean de Brebeuf	22.77m
22.11m 22.77m FOUL 22.52m FOUL FOUL		
4 Jessie Brown	Bishop Reding Css	21.50m
FOUL FOUL 21.08m 20.75m 18.75m 21.50m		
5 Grace Farrington	Acton Distri	21.48m
FOUL FOUL 21.48m FOUL 20.45m FOUL		
6 Sydney Weinerman	Nelson High School	20.73m
16.66m 19.70m FOUL 18.62m 20.73m FOUL		
7 Rachel Vanderwal	Bishop Tonnos	20.17m
16.53m 16.79m 19.99m FOUL FOUL 20.17m		
8 Alyssa Evans	Bishop Ryan	18.68m
16.71m 18.68m 18.02m FOUL FOUL FOUL		
9 Gabby Danilowski	Christ the K	18.54m
FOUL 18.54m FOUL		
10 Kayla Cameron	Bishop Reding Css	18.31m
17.73m 17.19m 18.31m		
11 Rebecca Darby	St. Jean de Brebeuf	17.42m
17.42m 16.77m 16.37m		
12 Melissa Kiley	Abbey Park	16.64m
FOUL FOUL 16.64m		
13 Emily Sinclair	Abbey Park	15.18m
15.18m FOUL FOUL		
14 Mya Brathwaite	Bishop Reding Css	14.98m
14.98m FOUL FOUL		
15 Marija Stojkoska	Garth Webb SS	14.69m
14.69m FOUL FOUL		
16 Natalie Ogradnik	Bishop Tonnos	14.11m
14.11m FOUL FOUL		
17 Claudia Rando	Iroquois Ridge HS	12.77m
12.77m FOUL FOUL		
18 Kristen Barrett	Georgetown D	11.18m
11.18m FOUL FOUL		

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....Women Discus Throw Senior

19	Tanya Nantsa	Jean Vanier Css	9.45m
	9.45m FOUL FOUL		
--	Julia McDonnell	St. Thomas Aquinas	FOUL
	FOUL FOUL FOUL		
--	Joanne Jackson	Bishop Reding Css	FOUL
	FOUL FOUL FOUL		
--	Ruth Vuyk	Acton Distri	FOUL
	FOUL FOUL FOUL		
--	Anna Tchobanian	St. Thomas Aquinas	FOUL
	FOUL FOUL FOUL		
--	Carolyn Hughes	Sainte Trinite	FOUL
	FOUL FOUL FOUL		

Women Javelin Throw Senior

Name	Year	School	Finals
1 Kenna Hopkins		Dr Frank J H	34.62m
	30.55m FOUL FOUL FOUL	34.62m FOUL	
2 Paige Messier		Nelson High School	28.25m
	22.99m 22.36m 22.33m 26.06m 26.60m 28.25m		
3 Marianne Heino		Dr Frank J H	25.29m
	23.53m 23.86m 25.27m 24.15m 25.29m FOUL		
4 Anna Rickard		St. Jean de Brebeuf	25.00m
	22.42m 25.00m FOUL 23.96m 21.98m 23.88m		
5 Chyann Martin		St. Jean de Brebeuf	24.26m
	17.31m 24.26m 19.37m FOUL 23.06m FOUL		
6 Carolyn Hughes		Sainte Trinite	23.88m
	17.99m 23.59m 21.55m 21.79m 20.93m 23.88m		
7 Jessie Hayward		Acton Distri	22.68m
	19.73m FOUL FOUL 21.45m FOUL 22.68m		
8 Jasmine Hamilton		St. Thomas Aquinas	22.38m
	15.84m 11.58m 22.38m FOUL FOUL FOUL		
9 Natalie Ogrodnik		Bishop Tonnos	18.40m
	17.74m 17.55m 18.40m		
10 Emily Sinclair		Abbey Park	18.38m
	FOUL 18.01m 18.38m		
11 Ruth Vuyk		Acton Distri	17.31m
	12.86m FOUL 17.31m		
12 Nura Khattab		Robert Batem	16.84m
	15.13m 16.84m 16.72m		
13 Melissa Kiley		Abbey Park	16.63m
	16.63m FOUL FOUL		
14 Shadin Alwahaidi		Abbey Park	16.30m
	13.76m FOUL 16.30m		
15 Erin Fenton		Acton Distri	16.06m
	14.79m 15.09m 16.06m		
16 Delaney Holness		Dr Frank J H	15.90m
	15.90m FOUL FOUL		
17 Alex Robinson		Milton Distr	15.82m
	15.82m FOUL FOUL		
18 Mya Brathwaite		Bishop Reding Css	15.60m
	15.60m FOUL FOUL		

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....Women Javelin Throw Senior

19	Sierra Josephs	Milton Distr	14.65m
	14.65m FOUL FOUL		
20	Grace Farrington	Acton Distri	14.38m
	FOUL 14.38m FOUL		
21	Jordan Stott	Georgetown D	14.33m
	14.33m FOUL FOUL		
22	Lara Akhavan	Abbey Park	13.19m
	13.19m FOUL FOUL		
23	Cassidy Laub	Robert Batem	12.46m
	12.46m FOUL FOUL		
24	Anna Tchobanian	St. Thomas Aquinas	10.16m
	FOUL 10.16m FOUL		
25	Joanne Jackson	Bishop Reding Css	9.54m
	9.54m FOUL FOUL		

Women 1500 Meter Steeplechase Open

Name	Year School	Finals
1 Ella Kubas	Milton Distr	5:19.03
2 Austine Wang	White Oaks S.S.	6:15.54
3 Hayley Parent	Corpus Christi Css	6:28.71
4 Ava Luzzi	Garth Webb SS	6:37.53
5 Alex Rudic	St. Ignatius	6:51.09
6 Abey Ormond	Bishop Tonnos	7:24.47

Women 4x400 Meter Relay Open

School	Finals
1 St. Mary 'A'	4:15.02
2 Georgetown District HighSchool 'A'	4:18.58
3 Abbey Park 'A'	4:24.35
4 Kings Christian Collegiate 'A'	4:26.77
5 Christ the King Catholic SS 'A'	4:36.75
6 St. Jean de Brebeuf 'A'	4:41.87
7 St. Thomas Aquinas 'A'	4:46.49
8 Nelson High School 'A'	5:11.22

Women 100 Meter Dash ID

Name	Year School	Finals	H#
1 Kealyn Cherwaiko	Georgetown D	20.15	1
2 Alexandra Colterman	St. Jean de Brebeuf	20.23	2
3 April Estrada	St. Thomas Aquinas	20.83	2
4 Maria-Cristina Bautista	St. Jean de Brebeuf	23.43	2
5 Mila Milovanovic	St. Thomas Aquinas	25.44	1
6 Breanna Laforge	Cathedral	25.55	2
7 Broke Fletcher	Bishop Ryan	25.75	1
8 Sarina Costa	Cathedral	26.27	2
9 Claire Notorandrea	Bishop Tonnos	26.76	2
10 Pavlina Zupkova	Cathedral	28.85	1

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Women 800 Meter Run ID

Name	Year School	Finals
1 Kealyn Cherwaiko	Georgetown D	3:28.51
2 Ashley Fournier	Georgetown D	4:11.06

Men 100 Meter Dash Midget**16 Advance: Top 1 Each Heat plus Next 6 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Ethan Ryan	Corpus Christi Css	12.11Q	8
2 Mark Warner	Jean Vanier Css	12.26Q	7
3 Jaden Mendoza	Jean Vanier Css	12.31Q	4
4 Thomas Koster	Dr Frank J H	12.36Q	9
5 Jason Abell	Burlington C	12.41Q	6
6 Andrew Liou	Abbey Park	12.43Q	1
7 Ewan Gibbons	Dr Frank J H	12.55Q	5
8 Victor Hinestroza	St. Mary	12.62Q	3
9 Christian Goff	Kings Christ	12.70Q	2
10 Walid Kaafarani	Kings Christ	12.77Q	10
11 Tafara Gwata	St. Thomas Aquinas	12.36q	8
12 Jacob Craft	Bishop Tonnos	12.43q	8
13 Kyle Blandford	Oakville Trafalgar	12.50q	9
14 Marcus Hoegl	Dr Frank J H	12.57q	6
15 Aleks Valadka	Oakville Trafalgar	12.64q	1
16 Somto Chuks	St. Thomas M	12.65q	4
17 Matteus Jedryk	Iroquois Ridge HS	12.67	6
18 Trishane Wijeyawickrema	Kings Christ	12.69	8
19 Safeen Majumbar	Bishop Reding Css	12.81	4
19 Michael Antonio	Cathedral	12.81	3
21 Angelo Farrugia	St. Jean de Brebeuf	12.83	6
22 James Weima	Burlington C	12.85	10
23 Alec McBurney	Acton Distri	12.94	5
24 Zachary Milligan	St. Jean de Brebeuf	13.00	1
25 Samuel Kayama	Craig Kielburger SS	13.01	4
26 Michael Sandu	Holy Trinity	13.02	10
27 Lucas Lisle	Bishop Tonnos	13.06	9
28 Josh Kirk	Bishop Ryan	13.08	10
29 Jagger Zimmerman	Milton Distr	13.09	3
30 Ethan Andria	Sainte Trinite	13.21	9
31 Jodick Moudiandambu	Cathedral	13.23	9
32 Cameron McLean	Acton Distri	13.30	10
33 Josh Kayeye	Cardinal Newman	13.32	2
34 Kevin Daniel	Bishop Reding Css	13.33	2
35 Joshua Omojafo	St. Jean de Brebeuf	13.50	7
36 Tyler Cross	Jean Vanier Css	13.54	5
37 Jeremy Li	Nelson High School	13.56	5
37 Daniel Horseman	M.M.Robinson	13.56	1
39 James Warnaar	Acton Distri	13.61	3
40 Jerome Joseph	Bishop Ryan	13.68	7
41 Lucas Furtado	St. Ignatius	13.78	4
41 Matthew Grech	Corpus Christi Css	13.78	6
43 Tony Cafazzo	St. Mary	13.80	8

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....Men 100 Meter Dash Midget

44 Faraan Quraishi	Bishop Reding Css	13.83	9
45 Liam Deighton	Iroquois Ridge HS	13.86	3
46 Jaber Sakka	Iroquois Ridge HS	13.87	5
47 Patrick Morgan	St. Mary	13.89	10
48 Sousa Joey	Corpus Christi Css	13.94	9
49 Asher Khan	Milton Distr	13.97	8
50 Alexander Botea	Abbey Park	13.99	10
51 Nicolas Huertas Arcinieg	St. Thomas Aquinas	14.21	4
52 Mathys Legros	Sainte Trinite	14.24	10
53 Owen Fleming	Georgetown D	14.68	2
54 Hunter MacFarlane	Bishop Tonnos	14.85	2
55 Andrew Suryawanshi	Craig Kielburger SS	15.19	7

Men 100 Meter Dash Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Ethan Ryan	Corpus Christi Css	11.81Q	2
2 Mark Warner	Jean Vanier Css	11.93Q	1
3 Jason Abell	Burlington C	12.07Q	2
4 Jaden Mendoza	Jean Vanier Css	12.17Q	1
5 Kyle Blandford	Oakville Trafalgar	12.10Q	2
6 Andrew Liou	Abbey Park	12.29Q	1
7 Thomas Koster	Dr Frank J H	12.22q	2
8 Tafara Gwata	St. Thomas Aquinas	12.32q	1
9 Christian Goff	Kings Christ	12.33	2
10 Jacob Craft	Bishop Tonnos	12.35	2
11 Ewan Gibbons	Dr Frank J H	12.38	1
12 Victor Hinestroza	St. Mary	12.40	2
12 Marcus Hoegl	Dr Frank J H	12.40	1
14 Somto Chuks	St. Thomas M	12.41	2
15 Aleks Valadka	Oakville Trafalgar	12.46	1
16 Walid Kaafarani	Kings Christ	12.50	1

Men 100 Meter Dash Midget

Name	Year School	Finals
Finals		
1 Mark Warner	Jean Vanier Css	11.79
2 Ethan Ryan	Corpus Christi Css	11.87
3 Kyle Blandford	Oakville Trafalgar	11.91
4 Jason Abell	Burlington C	11.96
5 Jaden Mendoza	Jean Vanier Css	12.01
6 Thomas Koster	Dr Frank J H	12.05
7 Tafara Gwata	St. Thomas Aquinas	12.08
8 Andrew Liou	Abbey Park	12.12

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Men 200 Meter Dash Midget**16 Advance: Top 1 Each Heat plus Next 8 Best Times**

Name	Year School	Prelims	H#
=====			
Preliminaries			
1 Kyle Blandford	Oakville Trafalgar	24.80Q	8
2 Christian Goff	Kings Christ	24.82Q	6
3 Ethan Ryan	Corpus Christi Css	24.99Q	5
4 Mark Warner	Jean Vanier Css	25.29Q	4
5 Marcus Hoegl	Dr Frank J H	25.59Q	7
6 Jaden Mendoza	Jean Vanier Css	25.65Q	3
7 Andrew Liou	Abbey Park	25.87Q	2
8 Angelo Farrugia	St. Jean de Brebeuf	26.31Q	1
9 Jason Abell	Burlington C	24.97q	8
10 Tafara Gwata	St. Thomas Aquinas	25.01q	8
11 Thomas Koster	Dr Frank J H	25.33q	5
12 Jacob Craft	Bishop Tonnos	25.63q	4
13 Matteus Jedryk	Iroquois Ridge HS	25.73q	8
14 Michael Antonio	Cathedral	25.78q	8
15 Walid Kaafarani	Kings Christ	26.07q	4
16 Somto Chuks	St. Thomas M	26.10q	3
17 Nolan Duff	Iroquois Ridge HS	26.14	7
18 Samuel Kayama	Craig Kielburger SS	26.20	8
19 Jameel Carabali	St. Jean de Brebeuf	26.22	6
20 Michael Sandu	Holy Trinity	26.39	7
21 Cameron McLean	Acton Distri	26.47	2
22 Alex Kostka	Kings Christ	26.80	7
23 James Weima	Burlington C	26.89	1
24 Ethan Andria	Sainte Trinite	26.99	4
25 Lucas Lisle	Bishop Tonnos	27.16	6
26 James Warnaar	Acton Distri	27.18	5
27 Jaber Sakka	Iroquois Ridge HS	27.42	3
28 Zain Muzaffar	Jean Vanier Css	27.53	5
29 Dylan Keen	Nelson High School	27.55	5
30 Josh Kayeye	Cardinal Newman	27.58	4
31 Aaron Montague	St. Thomas M	27.61	7
32 Erick Torres	Dr Frank J H	27.62	1
33 Tyler Cross	Jean Vanier Css	27.80	7
33 Kevin Daniel	Bishop Reding Css	27.80	1
35 Haider Afreedi	Bishop Reding Css	28.21	7
36 Lucas McNaney	Iroquois Ridge HS	28.43	1
37 Matheus Barrado	Bishop Tonnos	28.60	3
38 Tristan Talavera	St. Thomas M	28.68	2
39 Andrew Peeters	Sainte Trinite	28.84	1
40 Julian Di Gioia	Notre Dame	28.93	5
41 Peter Jun	M.M.Robinson	29.40	4
41 Kwabena Asumadu	St. Ignatius	29.40	2
43 Soelmann Mateen	Milton Distr	29.49	5
44 Alex Provan	Notre Dame	29.67	6
45 Gavin DeRoos	Acton Distri	29.96	8
46 Nicolas Huertas Arcinieg	St. Thomas Aquinas	30.26	5
47 Elliott Brunel	Sainte Trinite	30.39	2
48 Rob Di Ianni	Iroquois Ridge HS	30.75	4
49 Andrew Suryawanshi	Craig Kielburger SS	31.18	6
50 Seth Ledbeater	M.M.Robinson	31.60	2

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....Men 200 Meter Dash Midget

51 Zach Cloutier M.M.Robinson 32.37 2

Men 200 Meter Dash Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year	School	Semis	H#
Semi-Finals				
1 Christian Goff		Kings Christ	24.62Q	1
2 Kyle Blandford		Oakville Trafalgar	24.96Q	2
3 Ethan Ryan		Corpus Christi Css	25.03Q	1
4 Jason Abell		Burlington C	25.29Q	2
5 Tafara Gwata		St. Thomas Aquinas	25.06Q	1
6 Marcus Hoegl		Dr Frank J H	25.38Q	2
7 Thomas Koster		Dr Frank J H	25.13q	1
8 Jaden Mendoza		Jean Vanier Css	25.28q	1
9 Mark Warner		Jean Vanier Css	25.40	2
10 Andrew Liou		Abbey Park	25.56	1
11 Angelo Farrugia		St. Jean de Brebeuf	25.90	2
12 Matteus Jedryk		Iroquois Ridge HS	25.91	2
13 Somto Chuks		St. Thomas M	25.93	2
14 Jacob Craft		Bishop Tonnos	26.08	2
15 Walid Kaafarani		Kings Christ	26.10	1

Men 200 Meter Dash Midget

Name	Year	School	Finals
Finals			
1 Christian Goff		Kings Christ	24.24
2 Kyle Blandford		Oakville Trafalgar	24.26
3 Jason Abell		Burlington C	24.75
4 Thomas Koster		Dr Frank J H	24.88
5 Jaden Mendoza		Jean Vanier Css	24.91
6 Ethan Ryan		Corpus Christi Css	25.04
7 Tafara Gwata		St. Thomas Aquinas	25.28
8 Marcus Hoegl		Dr Frank J H	25.63

Men 400 Meter Dash Midget

Name	Year	School	Finals	H#
1 Lachlan Perigord		St. Mary	54.30	3
2 Nolan Duff		Iroquois Ridge HS	56.80	2
3 Mikai Ranger		Bishop Tonnos	57.40	5
4 Michael Sandu		Holy Trinity	58.17	1
5 Nicholas Selway		Aldershot	59.34	1
6 Joshua Barrios-Barrera		Cathedral	1:00.38	4
7 Roman Testani		Iroquois Ridge HS	1:00.42	3
8 Hayden McHardy		Nelson High School	1:00.72	2
9 Trishane Wijeyawickrema		Kings Christ	1:01.67	3
10 Fithie Goitom		Cathedral	1:01.70	4
11 Tomas Mayorga		Assumption	1:01.80	4
12 Josh Lehman		Garth Webb SS	1:01.81	4

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....Men 400 Meter Dash Midget

13 Andrew Latham	T. A. Blakel	1:02.05	5
14 Erick Torres	Dr Frank J H	1:02.06	5
15 Josh Callaghan	Notre Dame	1:02.76	1
16 Matheus Barrado	Bishop Tonnos	1:03.16	4
17 Isaac Villa	Bishop Reding Css	1:03.54	2
18 Eric Sun	Abbey Park	1:03.96	5
19 Justin Neale	Kings Christ	1:04.23	3
20 Michael Ballantyne	St. Thomas M	1:04.77	2
21 Liam Boyle	Assumption	1:04.79	2
22 Solemann Manteen	Milton Distr	1:05.64	2
23 Kevin Daniel	Bishop Reding Css	1:05.84	3
24 Brayden Galvao	Dr Frank J H	1:06.07	5
25 Matt Jackson	Georgetown D	1:09.06	5
26 Yonis Sheikh	Iroquois Ridge HS	1:10.72	3
27 Ryan McQuilkin	Corpus Christi Css	1:11.44	2
28 Samuel Curley	Bishop Reding Css	1:12.95	3
29 Elliott Brunel	Sainte Trinite	1:16.68	4

Men 800 Meter Run Midget

Name	Year School	Finals	H#
1 Lachlan Perigord	St. Mary	2:07.04	2
2 Mikai Ranger	Bishop Tonnos	2:14.83	1
3 Alec Koschanow	Assumption	2:18.32	1
4 Roman Testani	Iroquois Ridge HS	2:20.65	2
5 Alexander James Gregory	Assumption	2:26.98	2
6 Nathaniel Abera	St. Thomas M	2:27.04	1
7 Luca DiVencenzo	St. Ignatius	2:27.10	1
8 Carter Dombek	Garth Webb SS	2:27.36	2
9 Matthew Grech	Corpus Christi Css	2:28.25	2
10 Fithie Goitom	Cathedral	2:31.34	2
11 Ashton Simms	Abbey Park	2:32.04	1
12 Patrick Morgan	St. Mary	2:33.37	1
13 Nick Watson	Garth Webb SS	2:33.85	2
14 Brodin Dreidger	Abbey Park	2:33.88	1
15 Josh Callaghan	Notre Dame	2:35.32	2
16 Jacob Putz	St. Thomas Aquinas	2:35.37	1
17 Hezekiah Au	Garth Webb SS	2:36.19	1
18 Josh Lehman	Garth Webb SS	2:36.93	1
19 Jared Lain	Bishop Tonnos	2:37.76	1
20 Nolan Lake	Georgetown D	2:40.14	2
21 Elliot Dutil	Sainte Trinite	2:40.98	1
22 Michael Ballantyne	St. Thomas M	2:45.56	2
23 Matt Jackson	Georgetown D	2:48.42	2
24 Samuel Curley	Bishop Reding Css	2:49.19	1
25 Rob Di Ianni	Iroquois Ridge HS	3:02.82	2
26 Elliott Brunel	Sainte Trinite	3:07.98	2
27 Ricardo Varnegas	St. Jean de Brebeuf	3:10.35	2

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Men 1500 Meter Run Midget

Name	Year School	Finals	H#
1 Ethan Belanger	Notre Dame	4:30.57	2
2 Mikai Ranger	Bishop Tonnos	4:38.43	2
3 Alec Koschanow	Assumption	4:51.31	1
4 Roman Testani	Iroquois Ridge HS	4:52.47	2
5 Isaac Villa	Bishop Reding Css	4:53.26	2
6 Fithie Goitom	Cathedral	4:53.40	2
7 Liam Craven	Bishop Tonnos	4:54.38	1
8 Jakob Pedersen	St. Thomas Aquinas	4:54.89	2
9 Matthew Grech	Corpus Christi Css	4:56.96	2
10 Carter Dombek	Garth Webb SS	4:58.24	2
11 Ashton Simms	Abbey Park	5:06.07	1
12 Marcos Cisnero	St. Ignatius	5:11.54	1
13 Patrick Morgan	St. Mary	5:12.08	1
14 Nathaniel Abera	St. Thomas M	5:16.45	2
15 Nick Watson	Garth Webb SS	5:17.83	2
16 Brodin Dreidger	Abbey Park	5:18.71	2
17 Quinten Chung	Bishop Reding Css	5:23.57	1
18 Jared Lain	Bishop Tonnos	5:24.23	1
19 Matthew Taylor	Jean Vanier Css	5:24.52	2
20 Hezekiah Au	Garth Webb SS	5:24.98	2
21 Zachary Hamm	Bishop Reding Css	5:33.02	1
22 Richard He	Abbey Park	5:34.98	1
23 Matt Jackson	Georgetown D	5:47.29	2
24 Dylan Faelker	Abbey Park	5:53.88	2
25 Samuel Curley	Bishop Reding Css	6:00.34	1
26 Tyler Kramer	M.M.Robinson	6:01.79	1
27 Ricardo Varnegas	St. Jean de Brebeuf	6:59.53	2

Men 3000 Meter Run Midget

Name	Year School	Finals
1 Ethan Belanger	Notre Dame	10:01.05
2 Liam Craven	Bishop Tonnos	10:41.05
3 Ashton Simms	Abbey Park	10:54.34
4 Carter Dombek	Garth Webb SS	11:00.38
5 Mohammed Altaweel	Jean Vanier Css	11:06.96
6 Adam Gunner	Holy Trinity	11:10.37
7 Quinten Chung	Bishop Reding Css	11:21.19
8 Nick Watson	Garth Webb SS	11:29.21
9 Brodin Dreidger	Abbey Park	11:30.43
10 Zachary Hamm	Bishop Reding Css	11:48.95
11 Hezekiah Au	Garth Webb SS	12:19.65
12 Elliot Dutil	Sainte Trinite	13:10.82

Men 100 Meter Hurdles Midget

Name	Year School	Finals	H#
1 Mark Skerl	Cardinal Newman	14.18	3
2 Hayden McHardy	Nelson High School	16.95	2
3 Ben LeBlanc	Assumption	16.97	1

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....Men 100 Meter Hurdles Midget

4	Safeen Majumbar	Bishop Reding Css	16.99	1
5	Noah Matsakawo	St. Mary	17.02	3
6	Ajit Ganatra	Nelson High School	17.52	2
7	Shafay Khilji	Milton Distr	17.75	2
8	Rylan Donohoe	St. Ignatius	17.83	3
9	Caleb Wong	Iroquois Ridge HS	18.09	1
10	Joshua Barrios-Barrera	Cathedral	19.62	3
11	Andrew Rees	Bishop Ryan	20.28	2
12	Owen Fleming	Georgetown D	20.55	3
13	Tyler Kramer	M.M.Robinson	23.75	2
14	Daniel Horseman	M.M.Robinson	28.52	1

Men 300 Meter Hurdles Midget

Name	Year	School	Finals	H#
1	Mark Skerl	Cardinal Newman	41.28	2
2	Lachlan Perigord	St. Mary	44.38	1
3	Hayden McHardy	Nelson High School	47.05	2
4	Nicholas Selway	Aldershot	47.42	1
5	Isaac Villa	Bishop Reding Css	48.17	2
6	Andrew Latham	T. A. Blakel	48.19	2
7	Matthew Madden	St. Mary	50.43	2
8	Noah Matsakawo	St. Mary	50.65	1
9	Ajit Ganatra	Nelson High School	51.29	1
10	Victor Hinestroza	St. Mary	51.47	2
11	Shafay Khilji	Milton Distr	52.41	1
12	Kieran Garvin	M.M.Robinson	55.81	2
13	Peter Jun	M.M.Robinson	56.74	2
14	Matthew Zhang	Abbey Park	57.39	1

Men 4x100 Meter Relay Midget

School	Finals	H#
1 St. Mary 'A'	48.70	2
2 St. Jean de Brebeuf 'A'	48.91	3
3 Kings Christian Collegiate 'A'	48.94	3
4 Bishop Tonnos 'A'	49.34	3
5 Jean Vanier Css 'A'	49.75	2
6 Iroquois Ridge HS 'A'	50.11	2
7 Dr Frank J Hayden SS 'A'	50.17	3
8 Burlington Central High School 'A'	50.27	2
9 Abbey Park 'A'	50.97	1
10 St. Thomas More Secondary S 'A'	51.08	1
11 Cathedral 'A'	51.46	1
12 Corpus Christi Css 'A'	51.83	3
13 St. Ignatius of Loyola 'A'	52.06	2
14 Sainte Trinite 'A'	52.58	3
15 Assumption 'A'	53.43	3
16 Milton District High School 'A'	53.44	1
17 Nelson High School 'A'	54.47	1
18 Bishop Reding Css 'A'	56.23	1
19 M.M.Robinson 'A'	57.14	2

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....Men 4x100 Meter Relay Midget

-- Bishop Ryan 'A' DQ 3 zone 1, outside

Men High Jump Midget

Name	Year	School	Finals
1 Justin Neale		Kings Christ	1.62m
	1.40 1.45 1.50 1.55 1.60 1.62 1.65		
	O O O O O O XXX		
2 Mattias Terpstra		Christ the K	1.50m
	1.40 1.45 1.50 1.55		
	O O XO XXX		
3 Zachary Milligan		St. Jean de Brebeuf	J1.50m
	1.40 1.45 1.50 1.55		
	XO O XO XXX		
-- Christian Goff		Kings Christ	NH
	1.40 1.45 1.50 1.55 1.60		
	P P P P XXX		
-- Ricardo Varnegas		St. Jean de Brebeuf	NH
	1.40		
	XXX		
-- Omoayena Idode		Bishop Reding Css	NH
	1.40		
	XXX		

Men Long Jump Midget

Name	Year	School	Finals
1 Mark Skerl		Cardinal Newman	6.14m
	6.14m 6.13m FOUL		
2 Ethan Ryan		Corpus Christi Css	5.94m
	5.36m 5.45m 5.60m 5.45m 5.94m 5.66m		
3 Andrew Liou		Abbey Park	5.21m
	FOUL 4.82m 4.99m 4.99m FOUL 5.21m		
4 Zachary Milligan		St. Jean de Brebeuf	5.05m
	4.81m FOUL 4.84m 5.05m 5.05m FOUL		
5 Alec McBurney		Acton Distri	J5.05m
	4.36m 4.58m 4.91m 5.04m PASS 5.05m		
6 Sebastien Desjardins		Sainte Trinite	5.04m
	4.85m 4.83m 5.04m 4.79m 4.91m 4.74m		
7 Samuel Kayama		Craig Kielburger SS	4.97m
	4.38m 4.80m 4.40m FOUL 4.61m 4.97m		
8 Safeen Majumbar		Bishop Reding Css	4.93m
	4.70m 4.93m 4.69m 4.73m 4.80m 4.83m		
9 Eric Sun		Abbey Park	4.74m
	4.74m 4.31m 4.62m		
10 Matteus Jedryk		Iroquois Ridge HS	4.73m
	4.58m 4.73m 4.43m		
11 Jackson Elliot		Assumption	4.72m
	4.55m FOUL 4.72m		
12 Ben LeBlanc		Assumption	4.69m
	4.64m 4.69m 4.62m		

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....Men Long Jump Midget

13 Matthew Zhang	Abbey Park	J4.69m
FOUL 4.53m 4.69m		
14 Lucas McNaney	Iroquois Ridge HS	4.65m
FOUL 4.65m 4.51m		
15 Rylan Donohoe	St. Ignatius	4.64m
4.49m 4.64m 4.50m		
16 Liam Craven	Bishop Tonnos	4.63m
FOUL 4.57m 4.63m		
17 Elijah Hammill	Holy Trinity	4.60m
3.50m 4.56m 4.60m		
18 Cameron McLean	Acton Distri	4.57m
4.57m 4.53m FOUL		
19 James Weima	Burlington C	4.54m
FOUL 4.54m 4.44m		
20 Caleb Wong	Iroquois Ridge HS	4.52m
4.37m 4.52m 4.42m		
21 Adrian Punongbayan	St. Ignatius	4.50m
4.36m 4.50m 4.40m		
22 Ewan Gibbons	Dr Frank J H	J4.50m
FOUL FOUL 4.50m		
23 Omoayena Idode	Bishop Reding Css	4.40m
4.01m 4.40m FOUL		
24 Curtis Smith	Dr Frank J H	4.36m
4.07m 4.36m 4.21m		
25 Alex Kostka	Kings Christ	4.24m
4.23m 4.24m		
26 Andrew Rees	Bishop Ryan	J4.24m
4.00m PASS 4.24m		
27 Josh Kirk	Bishop Ryan	4.14m
4.14m PASS 4.07m		
28 Ethan Andria	Sainte Trinite	4.13m
3.82m 4.01m 4.13m		
29 Faraan Quraishi	Bishop Reding Css	J4.13m
4.13m 3.95m		
30 Nathan Monteiro	Jean Vanier Css	J4.13m
2.97m PASS 4.13m		
31 Cameron Knowles	Jean Vanier Css	4.12m
4.12m FOUL FOUL		
32 Justin Neale	Kings Christ	4.10m
3.47m PASS 4.10m		
33 Kwabena Asumadu	St. Ignatius	4.04m
4.04m		
34 Joshua Omojafo	St. Jean de Brebeuf	4.01m
4.01m		
35 Ethan Lee	Burlington C	4.00m
4.00m FOUL FOUL		
36 Jerome Joseph	Bishop Ryan	3.49m
3.49m FOUL		
37 Andrew Suryawanshi	Craig Kielburger SS	3.43m
3.43m		
38 Gavin DeRoos	Acton Distri	3.00m
3.00m		
39 Armani McKenzie	Jean Vanier Css	2.57m
2.57m x x		

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....Men Long Jump Midget

-- Ajit Ganatra Nelson High School FOUL
FOUL x x

Men Triple Jump Midget

Name	Year	School	Finals
1 Marcus Hoegl		Dr Frank J H	11.20m
	FOUL 11.19m	PASS 11.20m	PASS PASS
2 Sebastien Desjardins		Sainte Trinite	10.97m
	9.20m FOUL 10.97m	10.61m 10.95m	FOUL
3 Lucas McNaney		Iroquois Ridge HS	10.88m
	10.07m 10.45m 10.31m	FOUL 10.88m 10.60m	
4 Adrian Punongbayan		St. Ignatius	J10.88m
	10.44m 10.32m 9.84m	10.50m 10.88m 10.07m	
5 Mattias Terpstra		Christ the K	10.83m
	10.83m 10.06m 10.02m	10.36m PASS 10.59m	
6 Alec McBurney		Acton Distri	10.74m
	10.05m FOUL 10.40m	10.55m 10.74m 10.25m	
7 Yonis Sheikh		Iroquois Ridge HS	10.49m
	9.93m 10.15m 9.32m	10.12m 10.49m 10.38m	
8 Matthew Zhang		Abbey Park	10.44m
	10.36m 10.44m 9.97m	10.23m 10.28m 10.32m	
9 Eric Sun		Abbey Park	10.13m
	9.84m 9.94m 10.13m		
10 Omoayena Idode		Bishop Reding Css	10.07m
	9.92m FOUL 10.07m		
11 Curtis Smith		Dr Frank J H	9.91m
	9.65m 9.91m 9.85m		
12 Caleb Wong		Iroquois Ridge HS	9.77m
	9.25m 9.52m 9.77m		
13 Ewan Gibbons		Dr Frank J H	9.72m
	9.24m 9.72m FOUL		
14 Cameron Knowles		Jean Vanier Css	9.46m
	FOUL FOUL 9.46m		
15 Matthew Madden		St. Mary	9.19m
	8.99m 8.96m 9.19m		
16 Zain Muzaffar		Jean Vanier Css	9.09m
	9.09m 8.95m 8.36m		
17 Bruce Liu		St. Thomas Aquinas	9.04m
	9.04m FOUL FOUL		

Men Shot Put Midget

Name	Year	School	Finals
1 Lucas Mindzak		St. Thomas Aquinas	11.96m
	10.96m 11.20m 11.07m	10.64m 11.19m 11.96m	
2 Luc Ouellette		Acton Distri	11.64m
	10.43m 10.88m 11.16m	11.28m 11.54m 11.64m	
3 Nolan Duff		Iroquois Ridge HS	11.19m
	10.30m PASS PASS 11.19m	10.83m 10.67m	
4 JP Sardo		Bishop Ryan	10.22m
	8.94m 9.57m 9.17m 9.28m	9.46m 10.22m	

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....Men Shot Put Midget

5	Nathan Monteiro				Jean Vanier Css	9.93m
	8.93m	9.93m	9.39m	9.89m	8.39m 8.86m	
6	Michael Panousis				Craig Kielburger SS	9.23m
	9.08m	8.39m	8.67m	8.50m	9.23m 8.72m	
7	Eryk Kokoski				Bishop Ryan	8.95m
	8.64m	8.85m	8.95m	8.56m	FOUL FOUL	
8	Liam Deighton				Iroquois Ridge HS	8.63m
	8.56m	8.59m	8.63m	8.30m	7.47m 7.99m	
9	Seth Ledbeater				M.M.Robinson	8.50m
	8.39m	8.50m	8.48m			
10	Zach Cloutier				M.M.Robinson	8.15m
	7.99m	7.92m	8.15m			
11	Rob Di Ianni				Iroquois Ridge HS	8.09m
	7.60m	8.09m	7.80m			
12	Carter Cooling				Burlington C	7.64m
	7.53m	7.64m	FOUL			
13	Kevin Pathirna				Burlington C	7.43m
	6.77m	7.43m	6.93m			
14	Jose Tapia				Bishop Reding Css	6.93m
	6.32m	5.96m	6.93m			
15	Paul DeRoos				Acton Distri	6.62m
	6.62m	5.82m	6.02m			

Men Discus Throw Midget

=====						
Name	Year School			Finals		
=====						
1	Eryk Kokoski				Bishop Ryan	33.12m
	30.06m	FOUL	31.91m	FOUL	33.12m 31.35m	
2	JP Sardo				Bishop Ryan	32.48m
	28.41m	FOUL	32.48m	FOUL	29.52m	
3	Ben LeBlanc				Assumption	31.80m
	25.65m	28.09m	30.76m	FOUL	FOUL 31.80m	
4	Lucas Mindzak				St. Thomas Aquinas	29.66m
	16.35m	24.95m	FOUL	FOUL	29.66m FOUL	
5	Isaac Sardo				Bishop Ryan	28.53m
	26.33m	28.53m	26.60m	28.30m	FOUL FOUL	
6	Luc Ouellette				Acton Distri	27.71m
	21.91m	27.71m	FOUL	FOUL	FOUL FOUL	
7	Zack Krvabac				Bishop Ryan	25.80m
	23.53m	25.80m	FOUL	FOUL	FOUL FOUL	
8	Liam Boyle				Assumption	21.33m
	20.07m	FOUL	21.33m	FOUL	FOUL FOUL	
9	Alexander Botea				Abbey Park	21.12m
	21.12m	FOUL	20.95m			
10	Seth Ledbeater				M.M.Robinson	16.62m
	16.62m	FOUL	FOUL			
11	Armani McKenzie				Jean Vanier Css	14.38m
	14.38m	FOUL	FOUL			
12	Paul DeRoos				Acton Distri	13.61m
	13.61m	FOUL	FOUL			
13	Zach Cloutier				M.M.Robinson	13.11m
	13.11m	FOUL	FOUL			

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....Men Discus Throw Midget

-- Alexander James Gregory Assumption FOUL
FOUL FOUL FOUL

Men Javelin Throw Midget

Name	Year	School	Finals
1 Isaac Sardo		Bishop Ryan	34.90m
31.04m 31.60m 30.48m 34.90m		FOUL FOUL	
2 Mattias Terpstra		Christ the K	31.19m
31.19m 30.00m 27.56m 26.95m 31.10m 30.96m			
3 Zack Krvabac		Bishop Ryan	30.41m
27.85m 30.41m FOUL 26.53m		FOUL FOUL	
4 Kevin Pathirna		Burlington C	29.90m
FOUL FOUL 24.40m 28.07m 29.90m		FOUL	
5 Jeremy Li		Nelson High School	28.99m
26.74m 28.99m FOUL FOUL FOUL 26.76m			
6 Nicholas Selway		Aldershot	28.54m
24.52m 28.54m 26.90m FOUL FOUL 26.45m			
7 Carter Cooling		Burlington C	28.52m
26.81m 28.52m FOUL 24.47m 26.40m		FOUL	
8 Nick Cassar		Nelson High School	25.93m
23.00m 25.93m FOUL 22.50m 24.40m 25.93m			
9 Nathan Monteiro		Jean Vanier Css	24.35m
24.35m FOUL FOUL			
10 Alexander Botea		Abbey Park	24.32m
24.32m FOUL			
11 Liam Boyle		Assumption	23.50m
FOUL 23.50m FOUL			
12 Eryk Kokoski		Bishop Ryan	23.40m
22.60m 23.40m FOUL			
13 Armani McKenzie		Jean Vanier Css	19.51m
19.51m FOUL FOUL			
14 Michael Panousis		Craig Kielburger SS	19.29m
19.29m FOUL			
15 Paul DeRoos		Acton Distri	15.42m
15.42m FOUL			
16 Lucas Furtado		St. Ignatius	10.58m
10.58m FOUL FOUL			

Men 100 Meter Dash Junior

16 Advance: Top 1 Each Heat plus Next 7 Best Times

Name	Year	School	Prelims	H#
Preliminaries				
1 Daniel Wynter		Christ the K	11.93Q	8
2 Jaden Phillips		Holy Trinity	11.98Q	9
3 Rylan Eagle		St. Thomas M	12.14Q	1
4 Daniel Ferzoco		Jean Vanier Css	12.15Q	6
5 Andrew Gillham		St. Thomas Aquinas	12.16Q	7
6 Craig Sherrington		Dr Frank J H	12.18Q	2
7 Diego Beltron		Dr Frank J H	12.19Q	4
8 Logan Muntwyler		Kings Christ	12.55Q	3

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9	Melchi Muluba	Jean Vanier Css	12.67Q	5
10	Jackson Leverock	St. Thomas Aquinas	12.06q	9
11	Owen Spalding	Christ the K	12.22q	7
12	Aidan Leet	Bishop Tonnos	12.40q	2
13	Andrew Liddle	Dr Frank J H	12.44q	6
14	Timothy Manuel	Bishop Tonnos	12.52q	4
15	Tristan Malkowski	Bishop Ryan	12.60q	9
16	Phoenix Carter	Iroquois Ridge HS	12.61q	8
17	Matthew Edwards	Corpus Christi Css	12.62	4
18	Markell Dell	St. Jean de Brebeuf	12.65	1
19	Malik Elliott	Craig Kielburger SS	12.67	2
20	Joshua Ojo	St. Jean de Brebeuf	12.70	5
21	Evan Villeneuve	St. Ignatius	12.71	9
22	Josh Drzewicki	Bishop Tonnos	12.85	7
23	Cameron Aldridge	St. Thomas Aquinas	12.86	3
24	Carlos Parra	Bishop Reding Css	12.92	3
25	Nickolas Montgomery	Cathedral	12.94	6
26	Louie Taguba	St. Thomas Aquinas	12.97	8
27	Jayden Rojo	Georgetown D	12.98	9
27	Nicholas Loo	Milton Distr	12.98	6
29	Julien Lemon	Jean Vanier Css	13.07	7
30	Anthony Rizzuto	Iroquois Ridge HS	13.08	4
30	Tristan Fletcher	Bishop Reding Css	13.08	9
32	Nick Palozzi	Corpus Christi Css	13.09	1
33	Areeb Shaikh	Bishop Reding Css	13.15	4
34	Bartholomew Kastanya	Garth Webb SS	13.16	8
35	Stanley Nguyen	St. Thomas M	13.20	8
36	Blake Paiement	Assumption	13.21	7
37	Steven Currier	Abbey Park	13.25	3
38	Tyler Burke	Bishop Ryan	13.27	8
39	David Burtonshaw	Aldershot	13.28	2
40	Rhys Gula	Nelson High School	13.46	5
40	Navroz Mehta	Kings Christ	13.46	9
42	Michael Haggett	Acton Distri	13.48	7
43	Aidan Lofto	Georgetown D	13.61	1
44	Eric Yoo	Jean Vanier Css	13.62	3
44	Nolan McKay	Robert Batem	13.62	4
46	Jason Weisbrot	Georgetown D	13.65	5
47	Simon Chodan	Garth Webb SS	13.66	2
48	Leo Bahoric	Cardinal Newman	13.68	9
49	Ethan Palmer	Cardinal Newman	13.89	5
50	Samuel Swintak	Georgetown D	13.93	2
51	David Ishola	St. Thomas Aquinas	13.98	6
52	Will Smith	Aldershot	14.06	1
53	Kyle Archer	Garth Webb SS	14.13	3
54	Rayan Rashid	Garth Webb SS	14.18	7
55	Carl Mohammed	Cardinal Newman	14.45	3
56	Carter David	Aldershot	14.56	4

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Men 100 Meter Dash Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Jaden Phillips	Holy Trinity	11.63Q	1
2 Daniel Wynter	Christ the K	11.86Q	2
3 Jackson Leverock	St. Thomas Aquinas	11.87Q	1
4 Daniel Ferzoco	Jean Vanier Css	11.90Q	2
5 Diego Beltron	Dr Frank J H	11.90Q	1
6 Andrew Gillham	St. Thomas Aquinas	12.04Q	2
7 Craig Sherrington	Dr Frank J H	12.15q	1
8 Rylan Eagle	St. Thomas M	12.20q	1
9 Aidan Leet	Bishop Tonnos	12.24	2
10 Timothy Manuel	Bishop Tonnos	12.32	1
11 Owen Spalding	Christ the K	12.37	1
12 Phoenix Carter	Iroquois Ridge HS	12.40	2
13 Andrew Liddle	Dr Frank J H	12.41	2
14 Tristan Malkowski	Bishop Ryan	12.44	1
15 Logan Muntwyler	Kings Christ	12.50	2
16 Melchi Muluba	Jean Vanier Css	13.09	2

Men 100 Meter Dash Junior

Name	Year School	Finals
Finals		
1 Diego Beltron	Dr Frank J H	11.44
2 Jaden Phillips	Holy Trinity	11.51
3 Jackson Leverock	St. Thomas Aquinas	11.75
4 Daniel Wynter	Christ the K	11.79
5 Daniel Ferzoco	Jean Vanier Css	11.82
6 Andrew Gillham	St. Thomas Aquinas	12.03
7 Craig Sherrington	Dr Frank J H	12.08
8 Rylan Eagle	St. Thomas M	12.10

Men 200 Meter Dash Junior**16 Advance: Top 1 Each Heat plus Next 9 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 NifaIya Robinson	Cathedral	23.24Q	6
2 Jaden Phillips	Holy Trinity	24.54Q	3
3 Craig Sherrington	Dr Frank J H	24.83Q	5
4 Daniel Wynter	Christ the K	24.86Q	2
5 Logan Muntwyler	Kings Christ	25.38Q	4
6 Rylan Eagle	St. Thomas M	25.84Q	1
7 Jackson Leverock	St. Thomas Aquinas	25.99Q	7
8 Andrew Gillham	St. Thomas Aquinas	25.04q	3
9 Evan Villeneuve	St. Ignatius	25.84q	6
10 Carlos Parra	Bishop Reding Css	25.93q	3
11 Owen Vernon	St. Thomas M	25.96q	2
12 Julien Lemon	Jean Vanier Css	26.16q	1
13 Josh Drzewicki	Bishop Tonnos	26.22q	3

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14	Jared Defreites	St. Ignatius	26.24q	3
15	Joshua Ojo	St. Jean de Brebeuf	26.31q	4
16	Andrew Liddle	Dr Frank J H	26.36q	2
17	Olu Akinwouni	Bishop Ryan	26.37	5
18	Dan Moro	St. Jean de Brebeuf	26.56	6
19	Noah Bouchard	St. Ignatius	26.68	4
20	Tyler Burke	Bishop Ryan	26.77	1
20	Isaac Zhang	Robert Batem	26.77	5
22	Tristan Fletcher	Bishop Reding Css	26.78	7
23	Steven Currier	Abbey Park	26.81	4
24	Malik Elliott	Craig Kielburger SS	26.88	6
25	Stanley Nguyen	St. Thomas M	26.93	2
26	Michael Haggett	Acton Distri	26.96	4
27	Nick Palozzi	Corpus Christi Css	27.10	1
28	Bartholomew Kastanya	Garth Webb SS	27.33	1
29	Josh Hughes	Christ the K	27.38	2
30	David Ishola	St. Thomas Aquinas	27.47	7
31	Aidan Lofto	Georgetown D	27.49	7
32	Rhys Gula	Nelson High School	27.58	1
33	Cameron Volek	Bishop Ryan	28.09	3
34	Jason Weisbrot	Georgetown D	28.12	4
35	Will Smith	Aldershot	28.22	6
36	Ethan Bullock	St. Jean de Brebeuf	28.29	1
37	Kyle Archer	Garth Webb SS	28.31	3
38	Maway James	Holy Trinity	28.48	5
39	Nael Ashraf	Iroquois Ridge HS	28.70	6
40	Matt Duarte	Bishop Tonnos	28.73	4
41	Daelin Larrier	St. Thomas Aquinas	28.78	7
42	Hassan Zahidi	Iroquois Ridge HS	29.74	6
43	Samuel Swintak	Georgetown D	29.83	7
44	Alex Li	Abbey Park	30.91	1
45	Jackson Doney	Milton Distr	33.28	2

Men 200 Meter Dash Junior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

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Name                      Year School                      Semis  H#
=====
Semi-Finals
1 NifaIya Robinson        Cathedral                          23.06Q  2
2 Jaden Phillips          Holy Trinity                        24.38Q  1
3 Daniel Wynter           Christ the K                        24.81Q  2
3 Jackson Leverock        St. Thomas Aquinas                 24.81Q  1
5 Logan Muntwyler         Kings Christ                        25.10Q  2
6 Rylan Eagle             St. Thomas M                       25.64Q  1
7 Owen Vernon             St. Thomas M                       25.74q  1
8 Andrew Gillham          St. Thomas Aquinas                 25.81q  2
9 Josh Drzewicki          Bishop Tonnos                       25.99  2
10 Julien Lemon           Jean Vanier Css                    26.07  2
11 Andrew Liddle          Dr Frank J H                       26.25  2
12 Jared Defreites        St. Ignatius                       26.32  1
13 Carlos Parra           Bishop Reding Css                  26.38  1
14 Evan Villeneuve        St. Ignatius                       26.52  2
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Men 200 Meter Dash Junior

Name	Year School	Finals
Finals		
1 NifaIya Robinson	Cathedral	22.50
2 Jaden Phillips	Holy Trinity	23.96
3 Jackson Leverock	St. Thomas Aquinas	24.23
4 Daniel Wynter	Christ the K	24.51
5 Logan Muntwyler	Kings Christ	25.13
6 Owen Vernon	St. Thomas M	25.37
7 Andrew Gillham	St. Thomas Aquinas	25.77
8 Rylan Eagle	St. Thomas M	26.02

Men 400 Meter Dash Junior

Name	Year School	Finals	H#
1 NifaIya Robinson	Cathedral	53.41	4
2 Craig Sherrington	Dr Frank J H	53.58	4
3 Nic Legaspi	St. Ignatius	53.78	4
4 Sajeev Menon	Abbey Park	55.61	4
5 Barry Khan	St. Jean de Brebeuf	56.29	4
6 Aidan Leet	Bishop Tonnos	57.32	4
7 Thomas Off	Christ the K	58.29	3
8 Christian Green	Christ the K	58.71	3
9 Spencer Cooke	Georgetown D	59.10	4
9 Josh Drzewicki	Bishop Tonnos	59.10	3
11 Ryan Ferri	St. Thomas Aquinas	59.15	4
12 Noah Bouchard	St. Ignatius	59.75	3
13 Chris Lauretano	Assumption	59.88	2
14 Nicholas Roman	St. Ignatius	1:00.02	2
15 Bogdan Basaraba	St. Thomas Aquinas	1:02.19	3
16 Jackson Atkinson	St. Thomas Aquinas	1:03.94	3
17 Jonas Mogilnicki	Jean Vanier Css	1:04.20	2
18 Nael Ashraf	Iroquois Ridge HS	1:04.53	2
19 Daelin Larrier	St. Thomas Aquinas	1:05.08	2
20 Tiago Brum	Bishop Tonnos	1:05.76	2
21 Hassan Zahidi	Iroquois Ridge HS	1:10.16	2

Men 800 Meter Run Junior

Name	Year School	Finals	H#
1 Ethan Stuart	Iroquois Ridge HS	2:16.18	2
2 Ryan Ferri	St. Thomas Aquinas	2:17.81	2
3 Daniel Parchem	Bishop Tonnos	2:18.45	2
4 Barry Khan	St. Jean de Brebeuf	2:18.72	2
5 Connor Bosy	Abbey Park	2:18.79	2
6 Matteus Nouwens	Abbey Park	2:19.39	2
7 Marcus Rilling	St. Mary	2:20.34	2
8 Thomas Off	Christ the K	2:25.17	1
9 Jayden Chan	Bishop Reding Css	2:25.21	1
10 Jude Sinclair	Cathedral	2:26.68	1
11 John Millar	Christ the K	2:27.51	1
12 Matteo Alves	St. Thomas M	2:30.60	2

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....Men 800 Meter Run Junior

13	Ethan Stoltz	Bishop Tonnos	2:34.56	2
14	Matthew Duarte	Bishop Tonnos	2:37.09	2
15	Howard Chan	M.M.Robinson	2:37.48	1
16	Hayden Chan	Garth Webb SS	2:39.92	2
17	Nael Ashraf	Iroquois Ridge HS	2:40.09	2
18	Christian Green	Christ the K	2:40.16	1
19	Daelin Larrier	St. Thomas Aquinas	2:42.59	1
20	Tyler Gosse	Corpus Christi Css	2:43.14	2
21	Hassan Zahidi	Iroquois Ridge HS	2:44.06	2
22	Bilal Kazi	Garth Webb SS	2:44.89	1

Men 1500 Meter Run Junior

Name	Year	School	Finals	H#
1	Ethan Stuart	Iroquois Ridge HS	4:37.57	1
2	Ryan Ferri	St. Thomas Aquinas	4:43.35	2
3	Aidan Donen	Notre Dame	4:43.39	2
4	Koen Lytle	Robert Batem	4:46.88	2
5	Connor Bosy	Abbey Park	4:51.55	2
6	Daniel Parchem	Bishop Tonnos	4:57.08	1
7	Jude Sinclair	Cathedral	5:03.46	1
8	Ethan Bizi	Bishop Reding Css	5:03.87	1
9	Matteus Nouwens	Abbey Park	5:04.48	2
10	Michael Vietri	Milton Distr	5:07.81	1
11	Kyle Mackenzie	Holy Trinity	5:08.58	1
12	Marcus Rilling	St. Mary	5:10.09	1
13	Ethan Stoltz	Bishop Tonnos	5:10.41	1
14	John Millar	Christ the K	5:16.50	1
15	Jonas Mogilnicki	Jean Vanier Css	5:16.81	2
16	Tyler Gosse	Corpus Christi Css	5:18.13	2
17	Rodrigo Ruiz	Christ the K	5:19.56	1
18	Matteo Alves	St. Thomas M	5:20.69	2
19	Cristian Camus	St. Jean de Brebeuf	5:24.45	2
20	Paul Gherghel	St. Ignatius	5:29.01	2
21	Justin Williams	Christ the K	5:34.82	1
22	Adam Pomirko	Corpus Christi Css	5:38.83	1
23	Bilal Kazi	Garth Webb SS	5:41.61	1
24	Hayden Chan	Garth Webb SS	5:44.37	2
25	Yifan Wu	Corpus Christi Css	6:42.42	2
26	Christopher Bogias	St. Jean de Brebeuf	6:42.51	1

Men 3000 Meter Run Junior

Name	Year	School	Finals
1	Ethan Stuart	Iroquois Ridge HS	10:23.27
2	Koen Lytle	Robert Batem	10:30.36
3	Aidan Donen	Notre Dame	10:41.45
4	Nolan Cree	Acton Distri	10:42.69
5	Connor Bosy	Abbey Park	10:44.27
6	Jack Stevenson	Nelson High School	10:44.43
7	Michael Vietri	Milton Distr	10:50.43
8	Brady Afelskie	Garth Webb SS	11:15.65

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....Men 3000 Meter Run Junior

9	Kyle Mackenzie	Holy Trinity	11:34.39
10	Rodrigo Ruiz	Christ the K	11:39.30
11	Ethan Bizi	Bishop Reding Css	11:42.61
12	John Millar	Christ the K	11:51.01
13	Adam Pomirko	Corpus Christi Css	12:34.18
14	Tyler Gosse	Corpus Christi Css	13:36.71
15	Tom Czikk	Christ the K	13:58.75

Men 100 Meter Hurdles Junior

Name	Year	School	Finals	H#
1	Nic Legaspi	St. Ignatius	14.75	3
2	Daniel McLymont	St. Thomas M	15.69	2
3	Cameron Aldridge	St. Thomas Aquinas	15.77	3
4	Spencer Cooke	Georgetown D	16.48	3
5	Dylan Verboon	Christ the K	16.88	1
6	Josh Popowich	St. Mary	17.70	1
7	Jacob Doma	St. Mary	17.99	2
8	Bogdan Basaraba	St. Thomas Aquinas	18.30	3
9	Ben Stock	St. Mary	19.22	2
10	Simon Chodan	Garth Webb SS	19.70	3
11	Rayan Rashid	Garth Webb SS	20.23	2
12	Jackson Doney	Milton Distr	25.04	2

Men 300 Meter Hurdles Junior

Name	Year	School	Finals
1	Nic Legaspi	St. Ignatius	40.51
2	Jacob Doma	St. Mary	46.69
3	Cameron Aldridge	St. Thomas Aquinas	46.73
4	Chris Lauretano	Assumption	50.80

Men 4x100 Meter Relay Junior

School	Finals	H#
1 Dr Frank J Hayden SS 'A'	46.46	3
2 St. Thomas Aquinas 'A'	47.49	3
3 St. Jean de Brebeuf 'A'	47.96	3
4 Christ the King Catholic SS 'A'	47.99	3
5 St. Thomas More Secondary S 'A'	48.55	3
6 Jean Vanier Css 'A'	49.23	2
7 St. Ignatius of Loyola 'A'	49.56	2
8 Bishop Ryan 'A'	49.90	2
9 Iroquois Ridge HS 'A'	50.12	1
10 Bishop Reding Css 'A'	50.65	2
11 St. Mary 'A'	51.10	2
12 Bishop Tonnos 'A'	51.54	3
13 Corpus Christi Css 'A'	52.34	2
14 Georgetown District HighSchool 'A'	53.97	3
-- Garth Webb SS 'A'	DQ	1 out of zone

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Men High Jump Junior

Name	Year	School	Finals
1 Nickolas Montgomery		Cathedral	1.70m
1.45 1.50 1.55 1.60 1.65 1.70 1.75			
O O XO XO XO O XXX			
2 Ben Dewmyn		Christ the K	J1.70m
1.45 1.50 1.55 1.60 1.65 1.70 1.75			
O O O O XO XO XXX			
3 Markell Dell		St. Jean de Brebeuf	J1.70m
1.45 1.50 1.55 1.60 1.65 1.70 1.75			
O O O O XXO XXO XXX			
4 Lucas Yurcich		Christ the K	1.60m
1.45 1.50 1.55 1.60 1.65			
O O XO XXO XXX			
5 Josh Hughes		Christ the K	1.55m
1.45 1.50 1.55 1.60			
O O XO XXX			
6 Dan Moro		St. Jean de Brebeuf	1.50m
1.45 1.50 1.55			
O XXO XXX			
7 Ethan Bullock		St. Jean de Brebeuf	1.45m
1.45 1.50			
XXO XXX			
-- Maway James		Holy Trinity	NH
1.45			
XXX			
-- Donat Kaberuku		Cathedral	NH
1.45			
XXX			

Men Long Jump Junior

Name	Year	School	Finals
1 Tristan Malkowski		Bishop Ryan	5.94m
4.88m 5.38m 5.51m 5.60m 5.38m 5.94m			
2 Matthew Tint		Oakville Trafalgar	5.79m
5.58m 5.48m 5.14m 5.55m 5.60m 5.79m			
3 Sajeev Menon		Abbey Park	5.59m
5.39m 5.16m 5.59m FOUL 5.45m FOUL			
4 Barry Khan		St. Jean de Brebeuf	5.49m
FOUL 5.49m FOUL			
5 Jayden Rojo		Georgetown D	5.47m
FOUL 5.30m 5.47m 5.44m 5.21m 5.34m			
6 Malik Elliott		Craig Kielburger SS	5.39m
5.26m 5.21m 5.22m 5.39m 5.24m 5.39m			
7 Owen Spalding		Christ the K	5.32m
4.86m 4.57m 5.32m 5.05m 4.89m PASS			
8 Daniel Wynter		Christ the K	5.30m
5.00m 5.30m FOUL 4.79m 4.78m 4.91m			
9 Anthony Rizzuto		Iroquois Ridge HS	5.12m
4.08m 4.60m 5.12m			
10 Michael Haggett		Acton Distri	5.10m
4.66m 4.09m 5.10m			

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....Men Long Jump Junior

11 Alex Choe	Iroquois Ridge HS	5.00m
4.51m FOUL 5.00m		
12 Markell Dell	St. Jean de Brebeuf	4.96m
4.96m 4.78m 4.66m		
13 Dylan Verboon	Christ the K	4.82m
4.63m 4.82m FOUL		
14 Tanatswa Mukubvu	Cathedral	4.65m
4.03m 4.13m 4.65m		
15 Hamzah Behery	Iroquois Ridge HS	4.64m
4.19m 4.57m 4.64m		
16 Dan Moro	St. Jean de Brebeuf	4.60m
4.60m 4.53m 4.54m		
17 Navroz Mehta	Kings Christ	J4.60m
4.29m 4.54m 4.60m		
18 Kyle Mackenzie	Holy Trinity	4.41m
4.41m 4.29m 4.21m		
19 Nolan McKay	Robert Batem	4.39m
4.39m x x		
20 Eric Yoo	Jean Vanier Css	4.33m
4.09m PASS 4.33m		
21 Will Smith	Aldershot	4.18m
4.16m 4.18m		
22 Ethan Palmer	Cardinal Newman	4.17m
4.17m x x		
23 Daniel Botros	Kings Christ	3.99m
3.99m x x		
24 Abdali Khan	Oakville Trafalgar	3.64m
3.64m FOUL		
25 Doni Yongoua	Bishop Reding Css	3.34m
3.34m x		
26 Zain Basit	Jean Vanier Css	3.17m
3.17m x x		
27 James Warnaar	Acton Distri	3.00m
3.00m x x		
28 Matthew Sitson	Corpus Christi Css	2.98m
2.98m FOUL FOUL		
-- Christopher Bogias	St. Jean de Brebeuf	FOUL
FOUL FOUL		
-- Thomas Off	Christ the K	FOUL
FOUL x x		

Men Triple Jump Junior

Name	Year	School	Finals
1 Matthew Tint		Oakville Trafalgar	12.96m
12.43m 12.62m 12.96m 12.57m FOUL 12.83m			
2 Ben Dewmyn		Christ the K	11.87m
11.87m 11.55m 10.90m 11.39m PASS PASS			
3 Navroz Mehta		Kings Christ	10.83m
10.31m 10.35m FOUL FOUL 10.14m 10.83m			
4 Jayden Rojo		Georgetown D	10.80m
10.27m 10.80m 10.64m 10.60m 10.61m 10.69m			

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....Men Triple Jump Junior

5	Hamzah Behery	Iroquois Ridge HS	10.71m
	9.84m 10.43m 10.53m 10.48m 10.55m 10.71m		
6	Jackson Atkinson	St. Thomas Aquinas	10.66m
	10.21m 10.66m 10.45m 10.43m FOUL 10.09m		
7	Sajeev Menon	Abbey Park	10.60m
	9.96m 10.60m PASS PASS PASS 10.55m		
8	Tanatswa Mukubvu	Cathedral	10.35m
	10.25m 10.35m 10.23m FOUL 10.28m FOUL		
9	Abdali Khan	Oakville Trafalgar	7.82m
	7.66m 7.82m 7.15m		
--	Owen Spalding	Christ the K	FOUL
	FOUL FOUL PASS		

Men Shot Put Junior

Name	Year	School	Finals
1 Wyatt Sayers		Corpus Christi Css	12.71m
	11.84m 12.62m 12.06m 12.71m 12.41m 12.00m		
2 Vishal Harricharran		Bishop Ryan	12.20m
	11.64m 11.49m 10.60m 11.86m 12.20m 11.05m		
3 Rousseau Jordan		St. Thomas Aquinas	12.05m
	10.04m 11.77m FOUL 10.89m 11.25m 12.05m		
4 Darius Bell		St. Thomas M	11.96m
	11.96m FOUL FOUL FOUL FOUL FOUL		
5 Elijah Ayippey		Bishop Ryan	11.83m
	11.61m 11.43m 11.83m 11.13m 8.93m 11.83m		
6 Carter Gallant		Christ the K	11.79m
	10.87m 11.69m 11.79m 10.72m 10.58m 11.58m		
7 Jason MacGougan		M.M.Robinson	11.77m
	11.55m 11.42m 11.43m 11.59m 11.73m 11.77m		
8 Nana Gyimah		Cathedral	10.96m
	10.23m 10.05m 10.90m 10.96m 10.96m 10.63m		
9 Tristan Wight		Acton Distri	10.56m
	10.56m 9.96m 9.68m		
10 Steven Currier		Abbey Park	10.20m
	9.87m 10.20m 10.17m		
11 Emile Trottier		Sainte Trinite	9.57m
	FOUL 9.57m 8.93m		
12 Aaron Shannon		Bishop Ryan	9.29m
	7.76m 9.29m 8.73m		
13 Nathan Liparoti		Corpus Christi Css	9.11m
	9.10m 8.62m 9.11m		
14 Matt Kosyk		Nelson High School	8.97m
	8.97m 8.74m 8.63m		
15 Simon Malyga		Bishop Ryan	8.64m
	8.24m 8.64m 8.53m		
16 Jeysen Zivuku		Cathedral	8.03m
	FOUL 8.03m 7.98m		

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Men Discus Throw Junior

Name	Year	School	Finals
1 Vishal Harricharran		Bishop Ryan	34.94m
29.61m 34.94m FOUL		33.99m	
2 Elijah Ayippey		Bishop Ryan	34.86m
24.73m 26.61m 33.89m		34.86m	
3 Darius Bell		St. Thomas M	32.93m
29.13m 31.11m 32.21m		32.74m 32.93m	
4 Alexander Ruzic		Corpus Christi Css	31.87m
31.87m 29.66m FOUL			
5 Aaron Shannon		Bishop Ryan	31.15m
31.15m 29.82m 28.60m			
6 Matthew Edwards		Corpus Christi Css	30.77m
21.62m 30.77m			
7 Simon Malyga		Bishop Ryan	28.95m
FOUL 28.95m			
8 Tristan Wight		Acton Distri	28.90m
27.34m 28.90m			
9 Carter Gallant		Christ the K	27.57m
21.03m FOUL 27.57m			
10 Jason MacGougan		M.M.Robinson	26.13m
26.13m 25.95m			
11 Josh Popowich		St. Mary	26.05m
10.06m 26.05m			
12 Ben Stock		St. Mary	25.20m
19.85m 25.20m			
13 Emile Trottier		Sainte Trinite	24.89m
24.89m x			
14 Matthew Sitson		Corpus Christi Css	24.63m
24.63m FOUL			
15 Charles Tondat		Georgetown D	19.52m
19.52m FOUL FOUL			
16 Torin Hession		Garth Webb SS	18.59m
18.59m x			
17 Connor Boose		Nelson High School	18.27m
18.27m x			
18 Justin Williams		Christ the K	16.60m
16.60m FOUL			
19 Matt Kosyk		Nelson High School	16.00m
16.00m FOUL			
-- Blake Paiement		Assumption	FOUL
FOUL			
-- Jared Bernicky		Bishop Reding Css	FOUL
FOUL x			
-- Merentino Gianluca		Assumption	FOUL
FOUL x			

Men Javelin Throw Junior

Name	Year	School	Finals
1 Josh Popowich		St. Mary	38.30m
33.33m 38.30m 32.80m FOUL 30.80m 36.60m			

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....Men Javelin Throw Junior

2	Darius Bell				St. Thomas M	36.44m
	35.62m	34.79m	36.44m	35.76m	35.98m	35.01m
3	Elijah Ayippey				Bishop Ryan	36.05m
	28.21m	30.80m	FOUL	29.60m	36.05m	31.43m
4	Michael Bothelo				Christ the K	35.98m
	29.65m	28.64m	31.05m	35.98m	FOUL	31.90m
5	Ben Stock				St. Mary	32.89m
	30.28m	30.85m	30.46m	32.89m	31.50m	30.60m
6	Simon Malyga				Bishop Ryan	31.36m
	29.24m	21.93m	25.50m	29.01m	FOUL	31.36m
7	Torin Hession				Garth Webb SS	30.36m
	26.85m	27.50m	24.45m	FOUL	30.36m	FOUL
8	Noah Bouchard				St. Ignatius	26.88m
	FOUL	FOUL	26.88m	FOUL	FOUL	FOUL
9	Jared Bernicky				Bishop Reding Css	26.68m
	25.76m	24.09m	26.68m			
10	Rousseau Jordan				St. Thomas Aquinas	26.23m
	FOUL	26.23m	16.40m			
11	George Del Grosso				St. Ignatius	25.56m
	25.56m	25.00m	24.12m			
12	Vishal Harricharran				Bishop Ryan	24.75m
	20.05m	24.75m	24.40m			
13	Justin Williams				Christ the K	24.39m
	20.96m	24.39m	22.64m			
14	Charles Tondat				Georgetown D	20.90m
	20.25m	20.90m	17.78m			
15	Jackson Turiak				Abbey Park	20.25m
	FOUL	FOUL	20.25m			
16	Carter Gallant				Christ the K	19.65m
	19.65m	16.26m	17.32m			
17	Connor Boose				Nelson High School	17.85m
	16.55m	17.85m	12.30m			
18	Matt Kosyk				Nelson High School	12.56m
	8.60m	12.56m	FOUL			
--	Christian Green				Christ the K	FOUL
	FOUL	FOUL	FOUL			

Men 100 Meter Dash Senior

16 Advance: Top 1 Each Heat plus Next 7 Best Times

=====					
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1	Vincent Irobum	St. Thomas M	11.23Q	8	
2	Ike Usifo	St. Thomas M	11.27Q	6	
3	Randy Tshikuna	St. Jean de Brebeuf	11.66Q	4	
4	Marqus Rookwood	St. Thomas M	11.67Q	7	
5	Noah Farrell	Kings Christ	11.79Q	2	
6	Tyrell Smikle	Jean Vanier Css	11.85Q	9	
7	Boniface Amoah	Christ the K	11.90Q	1	
8	Victor Montini	Christ the K	11.98Q	3	
9	Nicholas Alcindor-Engel	St. Ignatius	12.18Q	5	
10	Tyrese Green	St. Jean de Brebeuf	11.58q	6	
11	Greg Hillary	Georgetown D	11.74q	8	

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12	Sam Job	Dr Frank J H	11.88q	4
13	Aidan Rossi	Nelson High School	11.92q	1
14	Nathan Sartor	Bishop Tonnos	11.98q	1
15	Stephen Szuic	Holy Trinity	12.03q	2
16	Bradley Pinkrah	Bishop Reding Css	12.06q	7
17	Luca Trombetta	Bishop Tonnos	12.14	2
18	Tyreal Clyke	Cathedral	12.16	3
19	Josue Flores	Bishop Reding Css	12.28	8
20	Chris Caruso	Corpus Christi Css	12.31	9
21	Jerry Karikari	Burlington C	12.32	9
22	Dylan Krushnicki	Bishop Ryan	12.35	5
23	Justin Beaudry	Corpus Christi Css	12.38	3
23	Ben McManus	Bishop Tonnos	12.38	6
25	Bailey Price	St. Thomas Aquinas	12.39	3
26	Lawson Doherty	Acton Distri	12.41	8
27	Chae Muhn	Dr Frank J H	12.42	9
28	Nigel Price	St. Jean de Brebeuf	12.43	8
29	Christian DaSilva	Holy Trinity	12.44	4
30	Mark Montesino	Notre Dame	12.48	5
31	Colin Thomson	Acton Distri	12.49	4
32	Zachary Isaacs	Kings Christ	12.52	9
33	Aidan Delorme	Assumption	12.59	1
34	Tudor Zamora	Christ the K	12.71	9
35	Ryan Pope	St. Ignatius	12.78	2
36	Kolya Morita	Oakville Trafalgar	12.79	6
37	Adam Tate	Dr Frank J H	12.90	7
37	James Duke	Bishop Reding Css	12.90	2
39	Shaun Zamanii	St. Thomas Aquinas	12.92	4
40	Andrew Genovese	Corpus Christi Css	12.95	1
41	Joshua Bouchard	St. Ignatius	12.97	6
41	Will Cassar	Nelson High School	12.97	5
43	Trae Case- Spence	T. A. Blakel	12.98	3
44	Omer Guran	Iroquois Ridge HS	13.05	7
45	Nik Robinson	Acton Distri	13.23	3
46	Daniel Martin	Nelson High School	13.27	5
47	Michael Uhraney	Jean Vanier Css	13.40	9
48	Steven Luo	Oakville Trafalgar	13.51	2
49	Tyler Ferriera	Corpus Christi Css	13.57	4
50	Ali Syed	White Oaks S.S.	13.71	6
51	Broedy Lomboy	Cathedral	13.76	8
52	Cody Stokes	Cathedral	13.97	2
53	Nakul Jain	Garth Webb SS	14.48	5
54	Ryan Guppy	St. Thomas M	15.28	1

Men 100 Meter Dash Senior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

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=====
Name                               Year School                               Semis  H#
=====
Semi-Finals
1 Ike Usifo                         St. Thomas M                             10.99Q  1
1 Vincent Irobum                    St. Thomas M                             10.99Q  2
3 Tyrell Smikle                     Jean Vanier Css                          11.16Q  1
4 Marqus Rookwood                   St. Thomas M                             11.43Q  2
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5 Tyrese Green	St. Jean de Brebeuf	11.32Q	1
6 Noah Farrell	Kings Christ	11.51Q	2
7 Randy Tshikuna	St. Jean de Brebeuf	11.34q	1
8 Aidan Rossi	Nelson High School	11.75q	2
9 Boniface Amoah	Christ the K	11.78	1
10 Greg Hillary	Georgetown D	11.79	1
11 Stephen Szuic	Holy Trinity	11.86	1
12 Bradley Pinkrah	Bishop Reding Css	11.87	2
13 Nathan Sartor	Bishop Tonnos	11.89	1
14 Victor Montini	Christ the K	11.92	2
15 Sam Job	Dr Frank J H	11.93	2
16 Nicholas Alcindor-Engel	St. Ignatius	14.40	2

Men 100 Meter Dash Senior

Name	Year School	Finals
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Finals

1 Ike Usifo	St. Thomas M	11.05
2 Tyrell Smikle	Jean Vanier Css	11.13
3 Vincent Irobum	St. Thomas M	11.15
4 Tyrese Green	St. Jean de Brebeuf	11.33
5 Noah Farrell	Kings Christ	11.37
6 Marqus Rookwood	St. Thomas M	11.38
7 Randy Tshikuna	St. Jean de Brebeuf	11.57
8 Aidan Rossi	Nelson High School	11.77

Men 200 Meter Dash Senior

16 Advance: Top 1 Each Heat plus Next 8 Best Times

Name	Year School	Prelims	H#
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Preliminaries

1 Ike Usifo	St. Thomas M	23.26Q	2
2 Josh Bowen	St. Thomas M	23.63Q	1
3 Marqus Rookwood	St. Thomas M	23.91Q	4
4 Randy Tshikuna	St. Jean de Brebeuf	24.25Q	5
5 Tyrell Smikle	Jean Vanier Css	24.39Q	8
6 Aidan Rossi	Nelson High School	24.52Q	3
7 Greg Hillary	Georgetown D	24.72Q	7
8 Victor Montini	Christ the K	24.82Q	6
9 Justin Irobum	St. Thomas M	24.65q	5
10 Luke Miehm	Christ the K	24.87q	3
11 David Griffin	St. Ignatius	24.88q	4
12 Nathan Sartor	Bishop Tonnos	24.89q	1
13 Justin Beaudry	Corpus Christi Css	24.93q	6
14 Boniface Amoah	Christ the K	24.96q	6
15 Luca Trombetta	Bishop Tonnos	25.02q	3
16 Stephen Szuic	Holy Trinity	25.04q	7
17 Lawson Doherty	Acton Distri	25.05	7
18 Weston Monroe	Christ the K	25.12	1
19 Josue Flores	Bishop Reding Css	25.14	1
20 Bailey Price	St. Thomas Aquinas	25.26	2
21 Zachary Isaacs	Kings Christ	25.34	1

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....Men 200 Meter Dash Senior

22	Chris Caruso	Corpus Christi Css	25.47	2
23	Max Sherwood	Cardinal Newman	25.56	8
24	Ben McManus	Bishop Tonnos	25.60	2
25	Dylan Krushnicki	Bishop Ryan	25.61	1
26	Stuart McGuckin	Georgetown D	25.66	4
26	Desford James	Cathedral	25.66	5
28	Colin Thomson	Acton Distri	25.76	6
29	Andrew Avery	Garth Webb SS	25.86	3
30	Dominic Walker	Georgetown D	25.93	6
31	Kolya Morita	Oakville Trafalgar	26.14	4
32	Cameron Litzgus	Cardinal Newman	26.15	2
33	Shaun Zamanii	St. Thomas Aquinas	26.22	8
34	Andrew Genovese	Corpus Christi Css	26.39	4
35	Christian DaSilva	Holy Trinity	26.47	5
36	Ian Chambers	M.M.Robinson	26.49	7
37	Aidan Delorme	Assumption	26.98	8
38	Mathias Lovera-Ortiz	St. Ignatius	27.08	2
39	Danny Hassan	Garth Webb SS	27.14	3
40	Tebron Harris	Craig Kielburger SS	27.26	7
41	Nick Italiano	Corpus Christi Css	27.31	7
42	Dante Gordon	Cathedral	27.51	1
43	Tyler Ferriera	Corpus Christi Css	29.91	5
44	Shaq Sadiq	M.M.Robinson	31.75	7

Men 200 Meter Dash Senior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

=====				
Name	Year	School	Semis	H#
=====				
Semi-Finals				
1	Ike Usifo	St. Thomas M	22.92Q	2
2	Marqus Rookwood	St. Thomas M	23.29Q	1
3	Tyrell Smikle	Jean Vanier Css	23.35Q	2
4	Aidan Rossi	Nelson High School	24.20Q	1
5	Randy Tshikuna	St. Jean de Brebeuf	24.01Q	2
6	Luca Trombetta	Bishop Tonnos	24.66Q	1
7	Justin Beaudry	Corpus Christi Css	24.28q	2
8	Justin Irobum	St. Thomas M	24.52q	2
9	Victor Montini	Christ the K	24.56	2
10	Stephen Szuic	Holy Trinity	24.68	1
11	Josh Bowen	St. Thomas M	24.73	1
12	Greg Hillary	Georgetown D	24.75	1
13	Boniface Amoah	Christ the K	24.77	2
14	Luke Miehm	Christ the K	25.20	1
15	David Griffin	St. Ignatius	25.32	1
16	Lawson Doherty	Acton Distri	25.46	2

Men 200 Meter Dash Senior

=====			
Name	Year	School	Finals
=====			
Finals			
1	Ike Usifo	St. Thomas M	22.90
2	Marqus Rookwood	St. Thomas M	23.14

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3	Tyrell Smikle	Jean Vanier Css	23.41
4	Aidan Rossi	Nelson High School	24.05
5	Justin Irobum	St. Thomas M	24.20
6	Justin Beaudry	Corpus Christi Css	24.35
7	Luca Trombetta	Bishop Tonnos	24.66
8	Randy Tshikuna	St. Jean de Brebeuf	24.76

Men 400 Meter Dash Senior

Name	Year	School	Finals	H#
1	Marcus Nandlal	St. Thomas Aquinas	50.68	4
2	Liam Ford	St. Thomas M	52.03	4
3	Vahaab Ladha	Garth Webb SS	52.05	4
4	Ben Currier	Abbey Park	52.92	4
5	Luke Miehm	Christ the K	54.17	3
6	Devon Smith	Cardinal Newman	54.77	3
7	Tim Jones	Aldershot	55.00	3
8	Weston Monroe	Christ the K	55.44	2
9	Luca Trombetta	Bishop Tonnos	56.06	2
10	Joshua Belgrave	Corpus Christi Css	56.19	3
11	Josue Flores	Bishop Reding Css	56.46	3
12	Ej Rerri	St. Thomas Aquinas	56.52	4
13	Colin Thomson	Acton Distri	57.44	2
14	Mark Montesino	Notre Dame	57.54	4
15	Glen Phillips	St. Mary	57.88	3
16	Dylan Gosse	Corpus Christi Css	58.17	2
17	Boniface Amoah	Christ the K	58.49	3
18	Oliver Beckett	St. Thomas Aquinas	58.82	4
19	Shane Strugar	Iroquois Ridge HS	1:02.08	2
20	Orane Thompson	Cathedral	1:02.10	2
21	Trae Case- Spence	T. A. Blakel	1:02.42	4
22	Desford James	Cathedral	1:02.73	2
23	Evan Kostashuk	Acton Distri	1:05.88	3

Men 800 Meter Run Senior

Name	Year	School	Finals	H#
1	Marcus Nandlal	St. Thomas Aquinas	2:03.08	2
2	Josh Selway	Aldershot	2:07.60	2
3	Cam Cherwaiko	Christ the K	2:08.79	1
4	Davis Rutledge	Abbey Park	2:08.99	2
5	Jordan Luu	Robert Batem	2:09.42	2
6	Lucas Johnston	St. Thomas M	2:13.03	1
7	Connor Baerg	Dr Frank J H	2:15.59	2
8	Joseph Bugiardini	St. Mary	2:15.75	1
9	Tebron Harris	Craig Kielburger SS	2:16.33	2
10	Quincy Cochrane	Nelson High School	2:17.19	1
11	Ian Chambers	M.M.Robinson	2:18.45	1
12	Randy Shao	Iroquois Ridge HS	2:21.17	2
13	Dashawn Williams	Jean Vanier Css	2:21.48	1
14	Weston Monroe	Christ the K	2:21.82	1
15	Michael Hamilton	Georgetown D	2:22.91	2

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....Men 800 Meter Run Senior

16 Adam Laporta	Notre Dame	2:23.43	2
17 Quentin DiBenedetto	Bishop Tonnos	2:25.51	1
18 Dylan Gosse	Corpus Christi Css	2:28.28	1
19 Joshua Belgrave	Corpus Christi Css	2:29.22	2
20 Erik Henriksen	Dr Frank J H	2:31.77	1
21 Shane Strugar	Iroquois Ridge HS	2:32.73	2
22 Antonio Fricano	Bishop Tonnos	2:35.59	2
23 Taylor Conn	T. A. Blakel	2:36.01	2
24 Sebastian Krewdel	Iroquois Ridge HS	2:38.59	2
25 William Russell	M.M.Robinson	2:39.48	2
26 Will Cassar	Nelson High School	2:41.84	1
27 Matias Dirube	White Oaks S.S.	2:42.61	2
28 Simon Swanson	M.M.Robinson	2:52.23	1

Men 1500 Meter Run Senior

Name	Year School	Finals	H#
1 Luke Mawhinney	Notre Dame	4:24.21	2
2 Declan Adams	T. A. Blakel	4:25.61	2
3 Josh Selway	Aldershot	4:28.36	2
4 Cam Cherwaiko	Christ the K	4:30.88	1
5 Max Bousada	Assumption	4:32.66	1
6 Davis Rutledge	Abbey Park	4:32.91	2
7 Connor Baerg	Dr Frank J H	4:33.59	2
8 Jordan Luu	Robert Batem	4:34.23	2
9 Will Summers	Bishop Ryan	4:39.72	1
10 Lucas Johnston	St. Thomas M	4:40.58	2
11 Aryan Kapur	Garth Webb SS	4:51.10	2
12 Dashawn Williams	Jean Vanier Css	4:51.24	2
13 Liam O'Hara	St. Thomas Aquinas	4:53.85	1
14 Kieran Bovington	Oakville Trafalgar	4:56.33	1
15 Dimar Bay-An	Cathedral	4:57.81	1
16 Joseph Bugiardini	St. Mary	5:02.46	1
17 Quincy Cochrane	Nelson High School	5:03.16	1
18 Quentin DiBenedetto	Bishop Tonnos	5:05.16	2
19 Liam Berger	Georgetown D	5:07.01	2
19 Michael Hamilton	Georgetown D	5:07.01	1
21 Noah Cabral	St. Thomas Aquinas	5:10.33	1
22 Randy Shao	Iroquois Ridge HS	5:12.13	1
23 Mark Grodski	Assumption	5:16.53	1
24 Taylor Conn	T. A. Blakel	5:20.63	2
25 Brendan McFarlane	T. A. Blakel	5:21.40	2
26 Henry McMann	Robert Batem	5:21.87	2
27 Keven Brennan	St. Mary	5:26.97	1

Men 3000 Meter Run Senior

Name	Year School	Finals
1 Luke Mawhinney	Notre Dame	9:20.12
2 Declan Adams	T. A. Blakel	9:52.82
3 Max Bousada	Assumption	10:06.01
4 Jordan Luu	Robert Batem	10:08.43

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....Men 3000 Meter Run Senior

5	Kyle Zammit	Bishop Reding Css	10:11.12
6	Liam O'Hara	St. Thomas Aquinas	10:38.66
7	Kieran Bovington	Oakville Trafalgar	10:43.39
8	Noah Cabral	St. Thomas Aquinas	11:09.28
9	Dimar Bay-An	Cathedral	11:10.76
10	Eric Frost	Bishop Reding Css	11:11.28
11	Quentin DiBenedetto	Bishop Tonnos	11:14.82
12	Mitchel Morrison	Iroquois Ridge HS	11:21.07
13	Keven Brennan	St. Mary	11:33.93
14	Brendan McFarlane	T. A. Blakel	12:15.44
15	Henry McMann	Robert Batem	12:22.33

Men 110 Meter Hurdles Senior

Name	Year	School	Finals
1	Colin Stupak	Burlington C	16.16
2	Jared Watson	Dr Frank J H	16.81
3	Khaalid Ennis	Assumption	16.98
4	Jalen Simpson	Bishop Reding Css	17.22
5	Christian DaSilva	Holy Trinity	18.17
6	Dion Renaud	Cathedral	19.12

Men 400 Meter Hurdles Senior

Name	Year	School	Finals	H#
1	Ben Currier	Abbey Park	57.76	2
2	Marcus Nandlal	St. Thomas Aquinas	1:01.24	2
3	Jalen Simpson	Bishop Reding Css	1:02.40	2
4	Dion Renaud	Cathedral	1:02.74	2
5	Jared Watson	Dr Frank J H	1:04.14	2
6	Isaac Boutin	T. A. Blakel	1:05.36	2
7	Glen Phillips	St. Mary	1:06.37	1
8	Desford James	Cathedral	1:11.29	2
9	Simon Swanson	M.M.Robinson	1:15.98	2
10	Lerwin Aya	St. Mary	1:26.13	1

Men 4x100 Meter Relay Senior

School	Finals	H#
1 St. Thomas More Secondary S 'A'	43.59	3
2 St. Jean de Brebeuf 'A'	45.22	3
3 Christ the King Catholic SS 'A'	45.59	3
4 St. Thomas Aquinas 'A'	46.27	3
5 Assumption 'A'	46.29	3
6 Bishop Tonnos 'A'	47.18	3
7 Garth Webb SS 'A'	47.43	3
8 Holy Trinity 'A'	47.71	2
9 Georgetown District HighSchool 'A'	48.08	2
10 Acton District High School 'A'	48.10	1
11 Cathedral 'A'	48.35	2
12 St. Ignatius of Loyola 'A'	48.41	2

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....Men 4x100 Meter Relay Senior

13 Bishop Reding Css	'A'	48.46	2
14 Oakville Trafalgar	'A'	48.73	1
15 Nelson High School	'A'	49.18	2
16 Corpus Christi Css	'A'	49.60	2
17 Iroquois Ridge HS	'A'	50.66	1
-- Dr Frank J Hayden SS	'A'	DNF	3

Men High Jump Senior

Name	Year School	Finals
1 Jalen Simpson	Bishop Reding Css	1.80m
1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.83		
O XO O XO O O XXO XXX		
2 Brad Ganter	Garth Webb SS	1.75m
1.50 1.55 1.60 1.65 1.70 1.75 1.80		
O O O XO XO O XXX		
3 Chris Sagl	St. Thomas Aquinas	1.65m
1.50 1.55 1.60 1.65 1.70		
O O XO XXO XXX		
4 Adam Ellison	St. Mary	1.60m
1.50 1.55 1.60 1.65		
O XO XO XXX		
5 Oliver Beckett	St. Thomas Aquinas	1.55m
1.50 1.55 1.60		
O XO XXX		
6 Nik Robinson	Acton Distri	1.50m
1.50 1.55		
XO XXX		
6 Colin Stupak	Burlington C	1.50m
1.50 1.55		
XO XXX		
-- Alex Cutrara	Bishop Reding Css	NH
1.50		
XXX		
-- Justin Garcia	St. Jean de Brebeuf	NH
1.50		
XXX		
-- Tyric Phinn	Cathedral	NH
1.50		
XXX		

Men Long Jump Senior

Name	Year School	Finals
1 Yihang Qin	Abbey Park	6.04m
6.04m x x		
2 Vincent Irobum	St. Thomas M	5.98m
FOUL 5.98m x		
3 Ben Currier	Abbey Park	5.87m
5.60m 5.65m 5.22m 5.87m 5.74m		
4 Jamir Gray	St. Thomas M	5.85m
5.67m 5.39m 5.85m 5.62m 5.26m 5.62m		

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....Men Long Jump Senior

5	Jake Kamerman				Kings Christ	5.79m
	5.24m	5.51m	5.36m	5.60m	5.79m	
6	Randy Tshikuna				St. Jean de Brebeuf	5.73m
	FOUL	5.73m				
7	Vahaab Ladha				Garth Webb SS	5.68m
	5.68m		FOUL	5.30m		
8	Chris Sagl				St. Thomas Aquinas	5.55m
	5.45m	5.54m	5.40m	0.57m	5.55m	FOUL
9	Victor Montini				Christ the K	5.41m
	5.41m	FOUL	FOUL			
10	Mali Alissa				Corpus Christi Css	5.37m
	5.37m	5.13m	5.05m			
11	Justin Irobum				St. Thomas M	5.32m
	5.32m	4.45m	4.69m			
12	Ej Rerri				St. Thomas Aquinas	5.28m
	5.28m	5.06m	x			
13	Dominic Walker				Georgetown D	5.02m
	4.94m	5.02m	4.77m			
14	Lamarre Grant				St. Thomas M	4.90m
	4.07m	4.90m	FOUL			
15	Christian Doran				Georgetown D	4.79m
	FOUL	4.62m	4.79m			
16	Ryan Vuong				Robert Batem	4.72m
	4.61m	4.54m	4.72m			
17	Bailey Price				St. Thomas Aquinas	4.63m
	FOUL	FOUL	4.63m			
18	Abhinav Sreekumar				Robert Batem	4.62m
	FOUL	FOUL	4.62m			
19	Dante Gordon				Cathedral	4.60m
	4.38m	4.60m				
20	Joel Joseph				St. Thomas M	4.49m
	4.49m	x	x			
21	Michael Uhraney				Jean Vanier Css	4.47m
	4.47m	4.35m	4.35m			
22	Tudor Zamora				Christ the K	4.38m
	4.38m	x	x			
23	Adam Ellison				St. Mary	4.36m
	4.22m	FOUL	4.36m			
24	Aryan Sharma				Bishop Reding Css	4.33m
	2.50m	4.33m				
25	Dylan Gosse				Corpus Christi Css	4.20m
	4.20m	x	x			
26	Lerwin Aya				St. Mary	3.40m
	3.40m	x	x			
27	Omer Guran				Iroquois Ridge HS	3.30m
	3.30m	x	x			
--	Jerry Karikari				Burlington C	FOUL
	FOUL	x	x			
--	Mathias Lovera-Ortiz				St. Ignatius	FOUL
	FOUL	x	x			

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Men Triple Jump Senior

Name	Year	School	Finals
1 Yihang Qin		Abbey Park	12.95m
	FOUL 12.83m 12.95m	FOUL FOUL FOUL	
2 Ej Rerri		St. Thomas Aquinas	12.07m
	11.00m FOUL 12.07m	11.29m 11.30m PASS	
3 Justin Irobum		St. Thomas M	11.82m
	10.87m FOUL 10.69m	11.46m 11.17m 11.82m	
4 Chris Sagl		St. Thomas Aquinas	11.77m
	FOUL 11.61m 11.73m	11.77m FOUL 11.69m	
5 Mitchell Shorgan		Christ the K	11.72m
	11.45m 11.24m FOUL	FOUL 11.72m 11.41m	
6 Jamir Gray		St. Thomas M	11.43m
	11.17m 11.01m 11.13m	FOUL 11.43m PASS	
7 Johnny Boulanger		Christ the K	11.35m
	10.83m 11.10m 11.35m	11.25m 11.27m 11.21m	
8 Mali Alissa		Corpus Christi Css	11.17m
	11.17m 10.99m 11.07m	10.33m 10.75m 10.25m	
9 Christian Doran		Georgetown D	10.81m
	10.44m 10.15m 10.81m		
10 Noe Puna		St. Thomas M	10.68m
	10.18m 10.68m 10.45m		
11 Adam Laporta		Notre Dame	10.61m
	FOUL 10.40m 10.61m		
12 Adam Ellison		St. Mary	10.45m
	10.08m 9.72m 10.45m		
13 Dominic Walker		Georgetown D	10.41m
	9.79m 9.65m 10.41m		
14 Joshua Brent		Georgetown D	10.33m
	10.33m FOUL 9.81m		
15 Aidan Horsman		Sainte Trinite	10.23m
	10.23m 9.91m 9.86m		
16 Jerry Karikari		Burlington C	9.69m
	9.12m FOUL 9.69m		

Men Shot Put Senior

Name	Year	School	Finals
1 Aidan Pawliw		Nelson High School	11.96m
	11.55m 10.79m 11.30m	11.56m 11.59m 11.96m	
2 Stephen Szuic		Holy Trinity	11.94m
	10.83m 11.34m FOUL	11.23m 11.14m 11.94m	
3 Ryan Berta		St. Jean de Brebeuf	11.29m
	10.34m 11.11m 10.74m	11.14m 10.99m 11.29m	
4 Garrison Pyle		Bishop Reding Css	10.45m
	10.45m 10.44m 10.28m	10.16m 9.86m 9.73m	
5 Adam Tosti		Holy Trinity	10.39m
	9.91m FOUL 9.67m	9.99m 9.88m 10.39m	
6 Spencer Kennedy		St. Thomas M	10.07m
	10.07m 9.05m 9.75m	8.75m 9.40m 10.05m	
7 Thomas Green		Christ the K	9.96m
	9.26m 9.96m 9.12m	8.76m FOUL FOUL	

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....Men Shot Put Senior

8	Adam Tattrie	St. Jean de Brebeuf	9.56m
	9.56m FOUL 9.26m 9.25m 8.56m 9.15m		
9	Zachary Sterken	Corpus Christi Css	9.51m
	8.49m 8.30m 9.51m		
10	Riley Graham	St. Jean de Brebeuf	9.34m
	9.34m FOUL FOUL		
11	Griffin Taylor	Georgetown D	9.29m
	9.29m 7.01m 9.11m		
12	Kayne Boyall	T. A. Blakel	9.21m
	9.21m 8.53m FOUL		
13	Alex Semenov	Assumption	9.13m
	9.00m 9.13m 9.13m		
14	Joe Rawdah	Sainte Trinite	8.94m
	8.56m 8.94m 8.71m		
15	Ryan Pfiefer	Holy Trinity	8.73m
	8.58m 8.73m 7.89m		
16	Jordan Trudel	Bishop Reding Css	8.61m
	8.56m 7.62m 8.61m		
17	Joel VanGemert	Nelson High School	8.52m
	8.29m 7.75m 8.52m		
18	Isaac Boutin	T. A. Blakel	8.17m
	7.90m 8.17m 8.03m		
19	Ethan Stojanov	Corpus Christi Css	7.74m
	7.64m 7.50m 7.74m		
20	Jake Case	Acton Distri	J7.74m
	7.74m FOUL		
21	Jeao Andrade	Corpus Christi Css	6.53m
	6.14m 6.53m 5.43m		
22	Pedro Andrade	Corpus Christi Css	6.24m
	6.24m 5.53m FOUL		

Men Discus Throw Senior

=====			
Name	Year	School	Finals
=====			
1	Aidan Pawliw	Nelson High School	30.33m
	27.12m 29.72m 27.88m 30.33m 30.14m FOUL		
2	Jordan Trudel	Bishop Reding Css	29.37m
	22.03m 25.98m 29.37m 28.44m 28.34m		
3	Mitchell Shorgan	Christ the K	28.91m
	FOUL 21.47m 25.43m 27.81m 28.91m 28.73m		
4	Jake Case	Acton Distri	27.20m
	25.13m 26.93m 27.20m 26.86m 26.42m FOUL		
5	Garrison Pyle	Bishop Reding Css	26.83m
	20.04m 21.55m 25.14m 26.83m 24.30m FOUL		
6	Alex Semenov	Assumption	26.11m
	17.63m 25.04m 23.38m 26.11m FOUL FOUL		
7	Joe Rawdah	Sainte Trinite	25.62m
	24.41m FOUL FOUL 25.62m FOUL		
8	Riley Graham	St. Jean de Brebeuf	25.20m
	24.98m 25.20m FOUL FOUL		
9	Aidan Horsman	Sainte Trinite	23.62m
	21.27m 23.62m FOUL		

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....Men Discus Throw Senior

10	Alex Cutrara	Bishop Reding Css	23.57m
	23.33m 23.57m FOUL		
11	Adam Tattrie	St. Jean de Brebeuf	23.08m
	23.07m 23.08m 21.71m		
12	Kayne Boyall	T. A. Blakel	22.78m
	18.97m 22.78m		
13	Luc Hewitt	Assumption	22.71m
	18.28m 22.71m FOUL		
14	Adam Tosti	Holy Trinity	22.45m
	18.95m 22.45m FOUL		
15	Ryan Berta	St. Jean de Brebeuf	21.18m
	21.18m x x		
16	Ryan Pfiefer	Holy Trinity	20.62m
	20.62m x x		
17	Adrian Dizon	Corpus Christi Css	18.59m
	18.59m FOUL		
18	James Duke	Bishop Reding Css	17.31m
	17.31m x		
19	Matthew George	Holy Trinity	16.47m
	16.47m x x		
20	Iain Corbett	Assumption	16.32m
	16.32m x x		
21	Brandon Syrett	T. A. Blakel	11.50m
	11.50m FOUL FOUL		
--	Jeao Andrade	Corpus Christi Css	FOUL
	FOUL x x		
--	Evan Kostashuk	Acton Distri	FOUL
	FOUL FOUL FOUL		
--	Beltrmi Marcello	Assumption	FOUL
	FOUL x x		
--	Thomas Green	Christ the K	FOUL
	FOUL FOUL		
--	Joel VanGemert	Nelson High School	FOUL
	FOUL FOUL		

Men Javelin Throw Senior

=====							
Name	Year School					Finals	
=====							
1	Aidan Pawliw	Nelson High School					45.58m
	44.40m 44.06m 42.19m 45.58m 44.56m 43.75m						
2	Mitchell Shorgan	Christ the K					42.29m
	42.29m 39.40m 39.78m 41.80m FOUL 40.02m						
3	Joshua Belgrave	Corpus Christi Css					41.09m
	33.23m 38.23m 39.20m 36.36m 40.18m 41.09m						
4	Matt Valaitis	Bishop Tonnos					40.54m
	33.04m 36.95m 34.58m 40.54m 30.07m 33.40m						
5	Thomas Green	Christ the K					39.00m
	33.90m 38.21m 34.24m 39.00m 36.64m 32.80m						
6	Mali Alissa	Corpus Christi Css					37.48m
	30.86m 30.12m 34.03m FOUL 32.70m 37.48m						
7	Andrew Avery	Garth Webb SS					37.33m
	37.33m 35.66m 35.81m 35.70m 33.14m 35.00m						

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....Men Javelin Throw Senior

8	Johnny Boulanger	Christ the K	35.53m
	35.53m 29.60m 34.88m 35.11m 30.29m 33.33m		
9	Griffin Taylor	Georgetown D	32.23m
	31.86m 32.23m 31.29m		
10	Alex Semenov	Assumption	31.93m
	24.80m 31.93m 27.40m		
11	Abhinav Sreekumar	Robert Batem	31.91m
	25.62m 31.91m 28.30m		
12	Matthew George	Holy Trinity	31.64m
	24.88m 18.73m 31.64m		
13	Jordan Trudel	Bishop Reding Css	31.60m
	FOUL 22.90m 31.60m		
14	Cristian Miersma	St. Jean de Brebeuf	31.03m
	31.03m 22.10m FOUL		
15	Daniel Martin	Nelson High School	30.53m
	25.41m 26.76m 30.53m		
16	Alex Cutrara	Bishop Reding Css	29.37m
	24.85m 27.45m 29.37m		
17	Tim Jones	Aldershot	29.31m
	29.31m FOUL FOUL		
18	James Duke	Bishop Reding Css	28.70m
	28.20m 28.70m FOUL		
19	Lawson Doherty	Acton Distri	28.25m
	28.25m 26.56m 21.11m		
20	Colin Stupak	Burlington C	28.24m
	FOUL 27.31m 28.24m		
21	Joshua Bouchard	St. Ignatius	26.60m
	26.42m 22.10m 26.60m		
22	Jessy Pawar	Georgetown D	26.15m
	23.52m FOUL 26.15m		
23	Adam Ashley	Abbey Park	24.34m
	24.34m 22.52m 24.21m		
24	Joel VanGemert	Nelson High School	24.10m
	20.06m 15.55m 24.10m		
25	Nik Robinson	Acton Distri	23.45m
	FOUL FOUL 23.45m		
26	Brandon Syrett	T. A. Blakel	23.34m
	20.04m 23.34m 17.98m		
27	Lucas Azevedo	Holy Trinity	22.42m
	18.11m 22.42m 20.90m		
28	Ryan Vuong	Robert Batem	21.80m
	PASS FOUL 21.80m		
29	Garrison Pyle	Bishop Reding Css	21.60m
	21.60m 18.53m 15.00m		
30	Lerwin Aya	St. Mary	20.00m
	FOUL 16.83m 20.00m		
31	Luc Hewitt	Assumption	19.11m
	FOUL 19.11m 19.10m		
32	Liam Gardner	Burlington C	18.56m
	FOUL 17.72m 18.56m		
33	Evan Kostashuk	Acton Distri	17.83m
	17.70m 17.83m 17.10m		
34	Iain Corbett	Assumption	17.65m
	14.25m 17.65m 17.30m		

GHAC Track & Field Meet
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Results

....Men Javelin Throw Senior

35 Beltrmi Marcello	Assumption	14.00m
FOUL 14.00m 13.53m		
-- Oliver Beckett	St. Thomas Aquinas	FOUL
FOUL FOUL FOUL		
-- Paul Ferrell	St. Jean de Brebeuf	FOUL
FOUL FOUL FOUL		

Men 2000 Meter Steeplechase Open

Name	Year School	Finals	H#
1 Luke Mawhinney	Notre Dame	6:34.38	2
2 Connor Baerg	Dr Frank J H	7:03.25	2
3 Dashawn Williams	Jean Vanier Css	7:20.33	1
4 Randy Shao	Iroquois Ridge HS	7:28.51	2
5 Kyle Zammit	Bishop Reding Css	7:29.81	2
6 Liam O'Hara	St. Thomas Aquinas	7:30.04	2
7 Joseph Bugiardini	St. Mary	7:30.06	2
8 Nolan Cree	Acton Distri	7:46.70	1
9 Michael Vietri	Milton Distr	7:46.79	1
10 Eric Frost	Bishop Reding Css	7:51.20	1
11 Isaac Boutin	T. A. Blakel	8:03.32	2
12 Keven Brennan	St. Mary	8:11.80	2
13 Mitchel Morrison	Iroquois Ridge HS	8:14.48	2
14 Marcus Rilling	St. Mary	8:15.00	1
15 Noah Cabral	St. Thomas Aquinas	8:15.42	2
16 Peter Chung	Milton Distr	8:45.10	1
17 Paul Gherghel	St. Ignatius	8:46.30	1
18 Richard He	Abbey Park	9:04.48	1
19 Dylan Faelker	Abbey Park	9:13.37	1
-- Aidan Horsman	Sainte Trinite	DNF	2

Men 4x400 Meter Relay Open

School	Finals	H#
1 Abbey Park 'A'	3:37.49	2
2 St. Thomas Aquinas 'A'	3:42.75	2
3 Christ the King Catholic SS 'A'	3:45.35	2
4 St. Thomas More Secondary S 'A'	3:48.21	2
5 St. Mary 'A'	3:48.60	1
6 Garth Webb SS 'A'	3:52.27	2
7 Cathedral 'A'	3:56.21	1
8 Bishop Reding Css 'A'	3:56.90	1
9 Nelson High School 'A'	4:02.37	2
10 St. Ignatius of Loyola 'A'	4:03.95	2
11 T. A. Blakelock High School 'A'	4:05.93	1
12 St. Jean de Brebeuf 'A'	4:34.32	2

Men 100 Meter Dash Blind

Name	Year School	Finals
1 Tiago Brum	Bishop Tonnos	13.92

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Men 800 Meter Run Blind

Name	Year School	Finals
1 Tiago Brum	Bishop Tonnos	2:31.95

Men 200 Meter Run Wheelchair

Name	Year School	Finals
1 Connor McGowan	Christ the K	1:32.01

Men 100 Meter Dash ID

Name	Year School	Finals	H#
1 Antonio Fricano	Bishop Tonnos	14.74	2
2 Marco Cuce	Bishop Ryan	14.99	4
3 Ryan Sorley	Bishop Ryan	15.04	4
4 Keith Wejuli	St. Jean de Brebeuf	15.50	3
5 Matthew Sadler	Bishop Ryan	15.83	3
6 Dominic Finochio	Cathedral	16.71	2
7 Titus Brown	Cathedral	17.36	1
8 Uciel Roggeband	Cathedral	17.80	3
9 Zach D'Angelo	Bishop Ryan	21.39	4
10 Justin Cabral	Cathedral	21.80	1
11 Regan Larochelle	Cathedral	22.68	2
12 Giancarlo Bozzo	St. Jean de Brebeuf	35.87	3
13 Joseph Groznik	St. Jean de Brebeuf	49.64	2
14 Nic Bogdonic	Bishop Ryan	1:01.15	4

Men 800 Meter Run ID

Name	Year School	Finals
1 Ryan Sorley	Bishop Ryan	2:45.95